



NOR'WESTER

PACIFIC NORTHWEST DIVISION—NATIONAL SKI PATROL

September 2019

DIVISION DIRECTOR REPORT

By *Shelley Urben, PNWD Director*

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It was great to see so many of you at the Division Convention in August. Anne Greenwood and her co-chair, Josie Elting, worked diligently over the summer to ensure that not only would the board meetings, food, and awards banquet run smoothly, but also that there were breakout sessions for all patrollers. On Friday there were recreational options for attendees that included golf and white water rafting. On Friday morning there were two educational opportunities, PD 101 for patrol directors, and an OEC Senior Trainer/Evaluator class. The afternoon included options of the PNWD E-Board meeting or an Instructor Development course, and the evening concluded with a BBQ.

Saturday started with three exceptional keynote speakers – Mike Vermace, Jordan Elliott, and Meegan Moszynski. Mike Vermace is the Clackamas County Sheriff's Chaplain. His presentation revolved around stress management, particularly for us as first responders. He shared some valuable information about staying healthy when we are in the midst of trauma and adversity. Jordan Elliott, President of Pacific Northwest Ski Areas' Association (PNSAA), provided an entertaining and educational talk about the history of PNSAA and its role with the changing environment of our industry. He focused on safety, especially with regard to providing consistent safety practices across organizations. Meegan Moszynski is the Executive Director of National Ski Patrol, coming to our convention from the Denver office. Meegan shared many of the updates from the national office surrounding dues, registration, programs, fundraising, marketing, recruitment and more. She also ran a breakout session after her presentation with a specific focus on marketing and recruitment.

Our program supervisors put on informative sessions in OET, OEC, etc; there were sessions on awards, alumni, registration, and more; and there were breakouts on fitness and injury protection, dog first aid, an exciting patroller challenge, and ski tuning, to name a few.

At lunch Sally Seelye gave an inspiring presentation on Ski Flight, 2020, which includes skiing at Chamonix and a stop in Paris. Look for more information on this incredible trip in this newsletter.

Saturday evening concluded with a silent auction and our awards banquet. Much deserved awards were presented to many of your fellow patrollers. It was fun to see the surprise and excitement on so many faces. We will wait to announce all of the winners until the next Norwester, as some of the recipients weren't able to attend, and won't get their awards until the fall.

The convention concluded on Sunday with our general board meeting and a brief presentation from Northwest Region on next year's banquet. The organizers already have a great start to the 2020 convention which will be held in the Seattle area. Make your plans now to attend. The dates are August 7th – 9th, 2020.

Division News:

Registration –

Registration for your members is rapidly approaching. The PNWD Board of Directors voted in August to remain an Opt Out Division for this coming season. That means that registration this year will be the same as it has been for the last couple of years. Patrol, Region and Division dues will be paid within the Division. Most patrols collect those dues at their OEC refreshers. After completing their OEC refreshers and their CPR, and PD's/PR's finalize rosters along with the collection of Region and Division dues, your account with National will be activated for payment of your National dues (continued page 2)

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DIVISION DIRECTOR REPORT—Continued

through your NSP account on their website.

National dues increased this year to \$60.00. PNWD dues remain lowered this year from \$13.00 to \$8.00. Remember, your Region and your Patrol set their own dues.

As you get new patrollers and bring them on as candidates, please be careful they **not** join NSP as an associate. This causes problems in the system and requires some work to change. Per our registrar, Blaine Price: "Prior to doing a 'Create Account' you need warn any 'new candidate' up front to not use the 'Associate' or 'Host Member Join' options. Then as PR/PD, monitor your roster when you do an 'Add to My Patrol'". When adding, they will initially have a Member Type of 'WEB' meaning dues have not been paid, and they are not yet members. See that you enter a Member Type of 'C', Initial Classification of 'CAN', and see that there is a 'YL' Billing type as well as other needed data, then instruct them to go in and pay their \$60.00 NSP dues. If you see "ASSOC" under Member Type on your roster when you 'Add' them to your patrol, you need to immediately notify memberrecords@nsp.org to go in and correct the persons record manually to (C) and (CAN) on your patrol, with a copy to me at bcprice58@msn.com"

OEC Refreshers -

All Patrollers, please remember:

- In order to get credit for taking a refresher you must enroll in the refresher on the NSP website.
- You need to complete the workbook/study guide and take it to the refresher
- If you are attending a hybrid refresher, you **MUST** complete the 'on-line' module (on the NSP website), before attending the hands-on skills refresher.
- To take a stocked aid belt/pack with you to the refresher

OEC Instructors of Record:

Please remember to download your enrollment list prior to the hands-on portion of the refresher course. This list should be reviewed by the assigned Instructor Trainer and compared to the actual attendees (including visitors). Instructor Trainers should be confirming with you, the IOR, anyone who was enrolled but did not meet all the requirements or complete the refresher. Those who do not finish, didn't attend, should not get credit, must be listed on the 'students to be removed list' before closing the course.

YAP Advisor - (Young Adult Program)

PNWD is still looking for a Division YAP Advisor. YAP is an NSP program for youth, ages 15 to 17. This person coordinates and advises on the program requirements, needs, and opportunities within PNWD. Not all ski areas/patrols in our Division allow patrollers under the age of 18, and there are some state laws to consider. If you don't have a local YAP program and want to start one, ask questions first.

Anyone interested in this division advisory position should send a resume including your qualifications, ideas, and goals for this position to Shelley Urben at shelley.urben@nsp-pnwd.org.

National News:

Safe Sport Act

Per the NSP Sweep: Make sure you are aware of "The Protecting Young Victims from Sexual Abuse and Safe Sport Authorization Act." This Act expands the use of background checks and increases reporting requirements across the sporting community. Make sure you know how this Act may affect you as a patroller or host. To learn more, **read the *Ski Patrol Magazine* article** from the summer issue about the Safe Sport Act.

NSP Store/Pro-Deals

Make sure you check out the NSP store/Pro-Deals this fall. The NSP has signed with some new vendors who may interest you. Please remember, transactions for pro-deals are for you as a member of National Ski Patrol, not for family, unless otherwise specified by the vendor.

ICS 100

Remember, all patrollers are required to complete ICS 100 by December 31st, 2019. All candidates should complete it as part of their initial training. This online courses and other information may be found on this website: <https://training.fema.gov/EMIWeb/IS/ICSResource/TrainingMaterials.htm>.

Completion of these courses will be documented on the members NSP record. An IOR registers the course on the NSP website so the member can enroll. Any currently certified IOR is able to register these courses. The IOR documents the member's completion of the course(s) by reviewing the FEMA course completion certificate(s) against the NSP course enrollment list, making adjustments as needed and then closes the course. The national office will not collect course completion certificates.

The ICS-100 course can be found at <https://emilms.fema.gov/IS100c/>

I look forward to a successful ski season and spending as much time as I can visiting patrols and getting to know all of you. I can be reached any time by email at shelley.urben@nsp.pnwd.org, or by phone at 503-805-8513. Please contact me if you have any questions or concerns. I very much want to hear from you.

Here's to a snow-filled season,

Shelley Urben
Division Director, PNWD

National Ski Patrol Board Elections

The National Board Election will be open for electronic voting on October 14th, closing on December 2nd. This year ten members submitted their names in nomination. Per NSP by-laws all ten names will be on the ballot. Information about each candidate, along with their platforms, will be available on the national website. Please become informed about each candidate and vote.

The candidates are:

Aaron Yeager, Alumni, Rocky Mountain Division, from Colorado

Chris Huskinsen, Kelly Canyon, Intermountain Division, from Idaho

Howard Bates, Nubs Nob, Central Division, from Michigan

Donna Gardino, Fairbanks, Alaska Division, from Alaska

Christine Garrison, Ski Apache, Rocky Mountain Division, from Colorado

Jay Zedak, Boston Mills/Brandywine/Alpine Valley, Central Division, from Ohio

Liz Dodge, Summit at Snoqualmie, Pacific Northwest Division, from Washington State

John Morelli, Lee Canyon, Far West Division, from Nevada

Paul Kelly, Ragged Mountain, Eastern Division, from Massachusetts

Marc Abend, Loon Mountain, Professional Division, from Massachusetts Richard Yercheck (Southern)

INLAND EMPIRE REGION REPORT

By Kelli Piper, Inland Empire Region Director

piper@zagmail.gonzaga.edu

Patrollers in the Inland Empire have been enjoying summer and staying busy. Some are hanging out at the lake; others have joined the NSP Bike Patrol or are volunteering at mountain bike races and triathlons. Patrollers are a group with a purpose.

Many patrollers are getting exciting about the upcoming ski season and have started planning for refreshers, chair evacuation, ski swaps and OEC classes. Additionally the Region advisors have been busy planning clinics and classes. Below is a calendar for upcoming clinics this season. The areas of focus will be on Ski Skills, Outdoor Emergency Care and Outdoor Emergency Transport. These are free and we invite any patroller in the Region to attend.

Jan 25&26, 2020 Mt Spokane 8am

Feb 8 &9, 2020 Mission Ridge 8am

Feb 22&23, 2020 49 Degrees North 8am

A lot of patrollers from the Inland Empire traveled to the convention this year in Eugene, Oregon and attended clinics on MTR, Leadership, OEC, Senior, OET and Ski tuning. During the convention hard working patrollers were recognized by receiving awards at the Division and National level. Congratulations to the following patrollers from the Inland Empire, you are all very deserving: Rick Schoomaker, Kay Seidel, Dan Baker, Jim Kiefer and Carol Shultz. Please keep writing those award nominations for deserving patrollers.

Please let your patrol director know if you are interested in the senior program. We have a great group of advisors, who will be traveling around the Region and are enthusiastic to train. Also if you are interested in a leadership position at Region please let me, your Patrol Director, or a Region Advisor know. We all want to help develop patrollers and aid in the success of others.

Hope you all have a great ski season

Inland Empire Region Director, Kelli Piper
piper@zagmail.gonzaga.edu



SOUTHERN IDAHO REGION REPORT

By David Campbell, Southern Idaho Region Director

habit@eoni.com

Hello from Southern Idaho Region, covering, Payette Lakes; Magic Mountain; Ferguson Ridge; Anthony Lakes; Bogus Basin; 705 Back-country; Soldier Mountain; and Spout Springs.

As the nights start to get colder it's time to start to think about refresher time. Find the refresher workbook - yes, it was mailed to you back in June with the ski patrol magazine. You can also get it online, as I did. Complete it and the online portion, if you need to. Be ready for your refresher, or for a change of routine go to refresher other than your own. Be sure to contact the patrol before you just show up. Have fun at a refresher near you.

The refreshers scheduled as of today are:

Anthony Lakes: Sept 21
Bogus Basin: Oct 5 or Oct 27
PLSP Brundage: Oct 6 or Nov 2
Soldier Mountain: Nov 9

Also remember that everyone needs to have ICS-100 by the end of the year.

The region meeting will be October 19, 2019 hosted by Magic Mountain in Twin Falls at the Holiday Inn Express. A change from previous years, we will have an instructor ICE course in the morning and the business meeting in the afternoon. Rooms are at the corporate rate of \$89 per night plus tax.

Tentative schedule:

- Fri - Oct 18
 - 1600 - 1800 - Check in at the hotel/Drinks in the Holiday Inn Express Conference Room
- Sat - Oct 19
 - 0800-0900 Breakfast/Check-in
 - 0900 - 1200 Continuing education
 - 1200 - 1300 Lunch - Provided by Magic Mountain Ski Patrol
 - 1300 - 1700 Meeting
 - 1800 Optional dinner at Canyon Crest or Elevation 486

Other region dates for the upcoming season:

- Senior Clinics:
 - Jan 4-5 @ Brundage
 - Jan 25-26 @ Soldier MT
- Eddie Orbea Senior Test
 - Feb 22-23 @ Bogus Basin

We will be hosting the Division Convention 2021 in Boise area.

Some sad news out of Magic Mountain, we lost one of your family members.

Ken Wiesmore passed away Aug 12, 2019 after his brief battle with cancer. He was surrounded by his family and our fellow patrollers Betsy, Ken (K3) and Amy. He will be missed by all of us here at Magic Mountain, Pomerelle and Soldier. He was a fighter to the end.

That's all for now. Remember check on those old friend's, you never know when it will be too late. Make the best of what is left of the summer, have a great fall. Hope to see you on the snow this winter.

Dave Campbell,
Southern Idaho Region Director

WY'EAST REGION REPORT

By Joel Stevens, Wy'East Region Director

Joel@SDELtd.com

The Wy'east Region has been busy this summer. We hosted the 18th annual Nuts and Bolts Ski and Toboggan Clinic, with the largest turnout ever. The Leprechaun's put on a great party Saturday night. Many thanks to Doug Stanton, Jeffry Weitz and David Atkinson for all their work leading this event. Put Nuts and Bolts on your Calendar for 2020, first weekend in June.

As most of you know Timberline has ski and snowboard camps on the Palmer Snowfield all summer. Patrollers from the Mt Hood Ski Patrol have been assisting the Timberline paid staff all summer. Timberline also opened some new bike trails late this summer, and the Mt. Hood Ski Patrol is working with the paid staff to develop protocols for patrolling the bike trails. Mt Hood Skibowl has Mtn. bikes and an Adventure Park where we also provide bike patrollers and first aid for the Adventure Park. Cooper Spur, Summit and Teacup are in summer mode, so there is no patrol activity at these areas.

Dates are set for the following training. If you want to attend from outside the Wy'east Region, please contact the person in charge of the various sessions to make arrangements.

Instructor Development	9/30/19	Contact Kathy Lee leek232@gmail.com
OEC Instructor Refreshers	9/14/19 9/22/19	Contact Matt Wood matthew.l.wood66@gmail.com
OEC Refreshers	10/6/19 10/13/19 10/26/19	Contact Matt Wood matthew.l.wood66@gmail.com
Avalanche Awareness	10/17/19	Contact Nicole Gains Cicada.nicole@Gmail.com
Avalanche Level 1 Mod 1	12/7/19	Contact Nicole Gains
Avalanche Level 1 Mod 2	1/11/20 & 1/12/20	Cicada.nicole@Gmail.com
Senior OET Final	March 15	Contact Jeffry Weitz jw@northrimpdx.com
Senior OEC Final	April 18 th	Contact Cleo Howell howell.cleo@gmail.com

Joel Stevens,

Wy'East Region Director

Purchase with purpose. Amazon donates to Pacific Northwest Division National Ski Patrol when you shop at smile.amazon.com.

Go to Amazon Smile and select PNWD as your designated charity.



PNWD MEDICAL ADVISOR REPORT

By James Hamilton, Medical Advisor

jhamilton0231@comcast.net

The Role of Aspirin in a Cardiac Emergency

James J. Hamilton, M.D,
PNWD Medical Advisor

I am aware of at least 3 cardiac related events that have been treated by a single patrol this year. As our population ages and remains more active, this type of problem is not an isolated incident. Rapid progress has been made in understanding cardiac physiology during medical events such as recognizing that too much oxygen can actually result in some untoward consequences in a cardiac situation.

Recent research has demonstrated administering aspirin in early phases of a cardiac event can have significant benefits and result in decreased damage to the heart. Traditionally ski patrollers have been told they could not “give” a patient any medication – they could only “assist” someone taking their own medication or suggest they should obtain some medication and take it. Sometimes that medication could be openly sitting on a nearby shelf. Because of the significant benefit seen in the early administration of aspirin in potential cardiac events, a “local medical policy” has been formally accepted for implementation by several ski areas. At these areas, patrollers are no longer going to “assist” or “suggest” but are now going to actually GIVE aspirin in this particular situation.

As with any treatment we provide as a ski patroller, some precautions have to be considered. The most important one is determining the patient has no allergy to, or medical contra-indication to aspirin. For instance, is the patient already on a blood thinner or had a very recent hemorrhagic stroke or other bleeding event like bleeding ulcers? If there is no such contraindication, the patroller would give the individual 325 mg. (standard adult dosage) of aspirin. Preferably this should be in a non-coated tablet. It could be as one “adult” aspirin or four “baby” aspirins. The tablets should either be crushed, or the patient directed to thoroughly chew the tablets allowing absorption to begin in the oral cavity. Aspirin has a bitter taste and small amount of water can be provided to help dissolve the aspirin and facilitate swallowing.

Does this have to be the first thing done on the hill? NO! It just needs to be done early in the course of treatment, potentially on arrival to the FAR where there is water for the patient. If access to medical personnel is readily available, the decision to provide aspirin to the patient can be left to them.

It is hoped this change in policy will improve the care provided to the patients treated at the areas adopting it.

Jim Hamilton, PNWD Medical Advisor

OREGON REGION REPORT

By Andy Bechdolt, Oregon Region Director

fiver49@gmail.com

Good day patrollers! I'd like to thank all of the patrollers who attended and volunteered to help with the PNWD Convention (that the Oregon Region hosted) in Eugene this August. From all reports that I've heard, it was an amazing success. From my perspective it was absolutely fantastic. We had a lot of really great breakout sessions and lively useful discussions in the board meetings.

For the 2019/2020 season I have a few goals. The first is to visit all of the Oregon Region ski areas at least once. I was almost able to do it last year, but life and weather got in the way.

One of the other goals is to promote the Senior program. We have some really great potential Senior candidates roaming around patrols. We just need to harness their energy and ability and focus it into good durable training. The program is one of the most rewarding things I have done in my ski patrol career. If you have questions about the program, please contact your Patrol Director or me. We can certainly answer questions or direct you to the right person.

Lastly, I want to look into promoting the Certified Program. This year was the first year in recent memory that we have funded the Certified Program at the Division level. Look forward to more information coming about this program.

Thanks again for all of your hard work and I'm looking forward to a great season!

Andy Bechdolt
Oregon Region Director

SAFETY REPORT

By Jodie Jeffers, Safety Advisor

tailwaggin1@mac.com

Safety is EVERY DAY!

The PNWD Board met in April and August and as your Safety Representative I reported last year happenings, requests and goals for this upcoming year. Your region directors were tasked to assign a safety representative to their region and ultimately one for each patrol. I have not heard back from all the region directors of the appointed people, so here is your opportunity to ensure your name gets added. This group will be able to network, organize, spread the message, collaborate back and forth between regions, division and nation. We NEED and WANT your help and participation. Please include me in your email to your Patrol & Region Directors of your interest, ideas, questions by September 30th.

The National Safety Team met in Denver last month to develop and expand new ideas about the promotion and message of Safety as well as the contents of the Safety Kit as directed by our budget from NSP. The kit was then given to the National Office and Meegan to place the order and have it become available sooner than in the past. The team is awaiting word from the office of its completion. We all recognized the need for improvement and expanding Safety in general and left that meeting very excited and wanting to set more things in motion.

Sure every area will have their own uniqueness, but we all go back to the same overall message. One aspect I want bring to our division was the coordination of the message throughout the year and not just in January. Included will be how it is delivered, the content, how to get others to participate, and having tangible items to be available. For all reps, I will share this spreadsheet and continue to strive to improve on it.

So join the fun and get those emails/ contacts out there. SERVICE & SAFETY is our creed.

Jodie Jeffers
tailwaggin@gmail.com
PNWD Safety Advisor

NORTHWEST REGION REPORT

By Michael James, Northwest Region Director

marinecare@msn.com

Greetings Patrollers

My single goal this past season was to expand the Region's leadership base. First and foremost I wanted to grow the Senior program at the Patrol level. The future of our leadership is the Senior program. I am proud to say we had a good turnout for the Senior program this year, 5 OEC (2 passed) and 6 OET (4 passed), but I have plans to see increased growth in seasons to come. I would like to thank all the Senior trainers and Advisors for without you we would not be able to have a successful program.

Earlier this past season I called on all Patrols in the Region to establish, if not already done so, a Senior Advisor for your Patrol. The role of this Advisor was to develop the Senior program and recruit Senior Candidates at the patrol level. Most Patrols complied with this request and their Senior programs are in the midst of growing. Next, I requested to see at least two Senior Candidates from each Patrol enter the program yearly. We did not see this request fulfilled as requested but will double down our efforts next season.

Plan: The 2019-20 season will start out with the same request: a minimum of 2 Senior candidates per Patrol so as to build our leadership. The Region already has commitments from 5 of our 10 Patrols to send more than 2 Senior candidates! We will plan on increasing the Senior budget this upcoming year to support the candidates in their costs to train as well as requesting the Patrols to increase their budgets.

The Region will also move ahead to grow their OEC and OET Instructor bases. This goes hand in hand with "more Seniors". While a patroller does not need to be a Senior to instruct, it certainly is helpful and gives confidence. We could use more instructors at the OEC/OET class level as well as instructing the respective Senior classes. Our Senior OEC evaluator cadre is also very low. The Region will be working with the Division to certify more instructor/evaluators to improve the program.

We are going to have a fantastic 2019-20 season.

Michael James
NSP - NW Region Director
(206) 407-5770

Can You Help?

Granted, writing the history of your patrol and ski area may not be one of your big priorities, but time and people and sources are slipping away! Every year, opportunities are decreasing to gather information from patrollers and alumni who may still be around to provide information. What benefits will we gain anyway by recording our patrol/area histories?

From the past, we learn that many things about previous patrol experiences are the same and some are very different.

We learn to appreciate the struggles that others overcame which resulted in our current status.

We develop an increased individual pride in belonging to our patrol and serving our area.

We acquire a collective group pride both as members of our organization and representatives of our ski area.

We realize that progress comes in keeping the best of the past while accepting changes and making forward progress for the future.

Alumni, will you share your memories and memorabilia? Contact your PD, RD or me.

Senior patrollers, did you write your patrol history when you took senior? Did you save a copy?

All Patrollers, are you willing to help capture this information before it is lost? Contact your PD or me.

Guidelines for PNWD Patrol/Area History Project:

2-50 pages in length, plus photos if you have them

One or multi-authors

Focus on patrol history or ski area history or ideally some of both

Use specific dates & names or general terms (“in early days”, “some recall”, “it is thought”)

There is no specific deadline...just, hopefully soon.

Submit initial report and re-submit others as more info is learned

Patrol Histories will be placed in each Region’s Patrol History Book and on the Division web

Send history reports to shirleycu@msn.com

If you are having difficulty getting started, I have lots of suggestions and possible sources to pursue. Send me what you have and let me know how I can help.

Shirley Cummings

Division Historian

FUN AT THE 2019 PNWD CONVENTION

Kathy’s Patroller Challenge

The Patroller Challenge: a fun obstacle course to test talent in 9 skills:

1. Match the Gloves or Mittens;
2. Apply sling to Manikin’s arm, load her in sled, slalom course, then put her in chair;
3. 2-foot hops over ski poles;
4. 1-foot step thru hula hoops;
5. Bomb Toss;
6. Ring Toss Snow Pole;
7. Clove Hitch on Bamboo Pole;
8. Snowball Toss;
9. Frisbee Toss.

It was timed and everyone got a prize; special prizes to the Fastest Alpine, Nordic, Patroller, Administrator, and Wounded Patroller using 1 crutch. Smiles all the way around.

OEC REPORT

By Janie San Romani

jsanromani@comcast.net

This is that great time of the year where everyone is starting to think about their OEC Refreshers. I encourage everyone to try the online hybrid version of the refresher. Any patroller can do the online portion whether or not they are actually doing the online hybrid type of refresher with their patrol. It does not require any enrollment to take the online portion but everyone will still have to enroll in their regular, hands-on refreshers. This year the online segment has changed a bit and I think everyone will benefit from it and enjoy doing it. It really helps prepare everyone for their hands-on portion of the refresher. The workbook, too, has improved. The layout is better and there is less repetition and “busy work” in it. A **BIG REMINDER**---if you are an IOR or IT, you cannot also be a student so make sure that you enroll in a separate refresher as only a student. IOR's please closely pay attention to who is enrolled, actually attended your refresher and make the appropriate edits before closing the course. Print out your enrollment list before closing. Please take screen shots of your edits before closing the course too.

Kathy Lee and I just finished presenting a Senior Trainer/Evaluator Course at the PNWD Convention in August in Eugene. We had a very enthusiastic group of patrollers attend and we able to discuss various ideas and methods for training and evaluating with our OEC-Module of the Senior Program (OEC-MSP). All trainers and evaluators need to take this course once every three years. Our latest goal is to encourage more patrollers to get involved in the Senior Program and hopefully reduce the stress that can arise in the program and evaluation. We want all our Evaluators to be on the “same page” when evaluating and for all our candidates to be really really prepared to take the final evaluation. This is a wonderful learning and training program with benefits for everyone who gets involved in it—patients, helpers, station managers, evaluators and, of course, candidates. If you haven't been involved with the Senior OEC, go check it out and see what it is all about!

The predicted roll-out of the 6th Edition of the OEC Textbook is for late May or early June, 2020. We will be having a big training for this roll-out but, as yet, do not know where or when but it will be as soon as the new book is ready for everyone.

Kathy and I are looking forward to Leisa Garrett joining us as OEC Supervisors. Leisa has lots of knowledge and experience so will be a great asset for the OEC Program.

That's all for now---hope you all enjoy your refreshers and a big thank you to all you instructors that put the refresher together!

Janie San Romani,
Division OEC Supervisor
541-953-5373, 541-688-5425, jsanromani@comcast.net

Splint Guy

By Glen Dodge

glend@casadecolumbia.com

SPLINTS ARE US

We have received notification that our Cardboard Splint Supplier will again donate a supply of splints for us to use. They have been very nice to do this and I will send an appropriate thankyou for the service they provide.

Please send any requests for your patrol needs to my address as listed in the Division Roster and we can discuss how to get bundles of 50 each, to you. I will again accept volunteers from each region area that can store a pallet for easier distribution to the local patrols. Let me know if you can help.

Glen Dodge
The Splint Guy

NORDIC AND BACKCOUNTRY REPORT

By Joe Mabbutt, Nordic /Backcountry Advisor

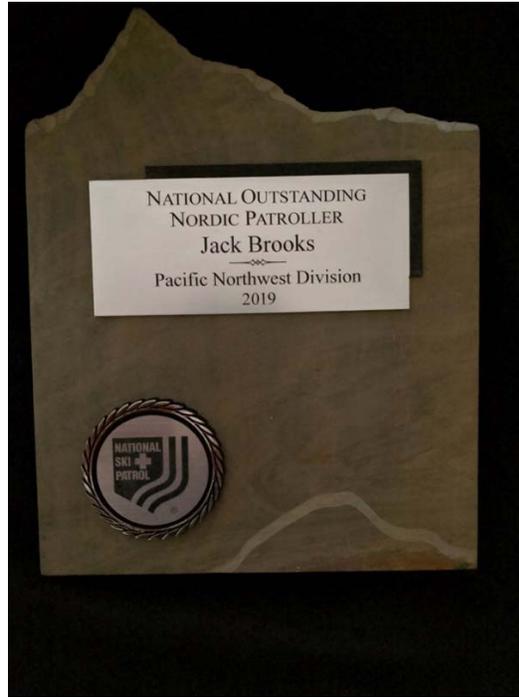
joe.mabbutt@supervalu.com

This year's PNWD Division Convention was very well attended. Excellent guest speakers and very interesting breakout sessions. The Hoodoo Patrol were fantastic hosts and put on a great convention.

Frank Rossi has passed the MTR baton to Dick Willy as the new PNWD Mountain Travel & Rescue Advisor. Frank has served PNWD well for many year. Thank you Frank for all of your service, but I still plan on using and abusing you as a resource for the Nordic/Backcountry Discipline. I look forward to working with Dick Willy in his new role and plan to use and abuse Dick as well.

As always there were wonderful raffle items and door prizes that are always won by OP (other people, my raffle numbers never seem to come up).

I am saving the best for last. My wife Deb and I had the pleasure of sharing a table at the awards banquet with Jack and Susan Brooks. Jack patrols @ Central and is the Northwest Region Nordic/Backcountry Advisor. An evening of enjoying Jack and Susan's company, seeing OP win raffles, watching fantastic patrollers receive well deserved awards and the icing on the cake was being able to share the table with the patroller who was awarded National Ski Patrol Nordic/Backcountry Patroller of the year for the nation, Mister Jack Brooks. Congratulations Jack! Well deserved.



Joe Mabbutt
PNWD Nordic/Backcountry Supervisor

PNWD REGISTRAR REPORT

By Blaine Price, Registrar

bcprice58@msn.com

1. To be VERY clear, PNWD is an Opt-Out Division for 2019-20

As an Opt-Out division, PNWD PD/PRs will:

- Do their Patrol Formation with known 'Adds and Removals' followed by a 'SAVE', and WILL NOT 'Notifi Nat. Div. Reg' until Region and Division dues have been collected at the patrol level.
- Only when Region and Division dues have been collected, hopefully by Nov. 15th, will the PD/PR or Registration Rep do a 'Notify'. Once 'Notified', the Office will generate an invoice to all members on the patrol's to pay their \$60.00 National dues. PNWD Late Fees of \$5.00 will be due effective Jan 1st, and a National Late Fee of \$10.00 will be applicable Feb 1st.

This is the same as last year.

2. **New Members Joining a Patrol Can't be Associates:**

It is that time of year when patrols commonly start to 'Add' new members to their patrols as Candidates, Member Type 'C', with an Initial Classification of 'CAN'. Too often when new members are brought on and do a 'Create Account', they mistakenly create their account as an 'Associate' (ASSOC). This happens because they didn't get proper instructions up front, see 'Join As An Associate' at the top of a page, or as new to NSP didn't understand the difference between 'Host' and 'Candidate'. Host unit members are 'Associates', and new regular geographic division patrol members are 'Candidates'.

Be aware that per NSP By-Laws, an **'Associate' (ASSOC) can not be a member of a regular geographic division ski patrol.** Associates are primarily Mtn Host Unit (HM) and Bike Host Unit (HB) members that are not on Ski Patrols or Bike Patrols. We currently have 6 Host Units in the PNWD. New Host Unit members have their own separate join process similar to what patrol candidates use, and click on the **'Host Member Join'** option. Candidates for geographic division Ski or Bike patrols are 'Traditional Members' and use **'Patrol Candidates Join'**.

Prior to doing a 'Create Account' PD/PRs need to warn any 'new candidate' up front to not use the 'Associate' or 'Host Member Join' options. If you see "ASSOC" under Member Type on your roster when you 'Add' them to your patrol, you need to immediately notify member-records@nsp.org to go in and correct the persons record manually to (C) and (CAN) on your patrol, with a copy to me at bcprice58@msn.com

(The only exception to this rule would be a person wanting to take OEC prior to identifying a patrol to join. In such rare cases, they would have to be an Associate (ASSOC) to enroll in OEC, but then be changed to Candidate (C) and (CAN) when they do make contact and are 'Added' to a geographic division ski or bike patrol.)

3. **PD/PR Responsibility for Current, Up to Date Data in Rosters and Member Profiles.**

PD's/PR's have a responsibility to pay attention to roster details, and see that a new member's profile information is current and accurate to include; *join date, email address, mailing address, phone number, gender, birth month and year, as well as the information discussed above.* When personal information isn't correct or is incomplete, members, new or otherwise, should to go into their profile on line and update or make corrections.

As a PD/PR, remember that a Candidate under NSP rules can never be advanced to 'P' for patroller status without completing OEC, and for most patrols, not until they have met all other local qualifications for an Initial Classification as 'P'.

4. **Candidates Must Be Dues Paying Members and on the Patrol's Roster to participate in ANY on-hill activity.** (Other than that get acquainted on hill ski time with a prospective candidate that walks into the patrol room.)

In the NSP P&Ps under 9.5.5.2 **"Candidates in geographic divisions must complete the registration process before participating in any NSP on-the-hill activity."** Translated, that requires dues payment, and being on the patrol's roster as a Candidate (C) and (CAN), since they are not a member of the NSP until dues are paid, regardless if they have obtained an NSP ID #. Training activity would include things like learning on-hill procedures, shadowing, OET, chair evac., etc. as well as OEC.

Plus, NSP insures certified instructors when in the process of teaching a class registered with NSP. Thus, having a person who is not yet a member participate in on-hill training without dues being paid exposes the instructor and the patrol if there is an incident.

(Continued next page)

REGISTRAR CONTINUED

5. Suspended (SN) Members

If a member is Suspended (SN) in the system, it means they didn't pay their dues to NSP for 2018-19, and can't use the system for other than paying dues, meaning they can't sign up for classes, and are unable to use Pro Deals or the NSP Store. Through Dec 31st those showing as (SN) can still pay 2018-19 dues with a \$20.00 late fee. Not doing so will mean that if they register for the 2019-20 season they will start over at year one in years of service. Since we are into the new patrol year, those individuals wishing to pay for last year have to directly contact memberrecords@nsp.org and request instructions on how to pay last season's dues. This is not the same as 'Back Dues' which no longer exists.

6. Former Members (I), or Hosts Unit and Other Associate/Affiliate Members Wanting to Become a Patroller:

Returning former members, transfers or Host/Associate/Affiliate members joining a patrol never do a 'Create Account'. Once an NSP member ID # is issued, including for Associates/Hosts or Affiliates, IT NEVER CHANGES. If they do 'Create Account' again, they very likely will be locked out of the system with a duplicate new ID #, and the new ID # will have to be deleted manually by the Office to proceed. Contact me at bcprice58@msn.com or memberrecords@nsp.org if a duplicate ID # is created. . (Always provide a name and ID # when contacting me or the office.)

Don't hesitate to contact me if you have questions.

Blaine Price, PNWD Registrar
206-954-4909 Cell

ICS100—NOW REQUIRED OF ALL PATROLLERS

Trainings must be complete by December 31st of 2019.
The ICS-100 course can be found at <https://emilms.fema.gov/IS100c/>

ALUMNI ADVISOR

By Josie Elting, Alumni Advisor

imaginejosie@yahoo.com



Alumni Education: My goal is to make sure every NSP Member in the Pacific Northwest Division are aware of **WHAT** the Alumni Program is, **WHEN** a patroller may want to become an Alumni and **HOW** to become an Alumni.

Benefits: Many patrollers are not aware that most pro-deals are available to Alumni or that Alumni can stay connected with their patrol and can return to patrolling when the time is right for them. Other benefits are listed on the "[Become an Alumni Member Today](#)" sheet.

New Developments:

- NSP has recently approved a National Outstanding Alumni Award because we do have some very outstanding Alumni.
- New Alumni Newsletter is sent out electronically every other month and can be found on the NSP website. It features Alumni and keeps them up on current information.
- NSP sent out a survey to 4,500 Alumni Members, February 2019, utilizing Survey Monkey. There was a 25% response rate. Alumni want to stay connected and want to be informed. For more information or to see all the results contact Tim Viall, National Alumni Advisor, at tviall@msn.com.
- A meeting was held in Colorado, April 2-4, 2019 with Division Alumni Advisors (in 40 years it was the first one). NSP staff attended and explained some of their processes and listened to our requests. One request we made was to allow Patrol Directors/PR's to have access to the Alumni Members on their patrols. We are still waiting to see the results of our request.

Membership: There are over 4,700 Alumni registered with the National Ski Patrol as of July 5, 2019. The Alumni Membership in the Pacific Northwest Division was 154 in 2008. We have 559 total Alumni Registered as of July.

Please be aware that the potential of Alumni Membership in the PNWD is the total number of NSP patrollers. Therefore, this program has the capacity to serve all the members of the NSP. Together, we can build a great program of service, safety and education.

Information: Please let me know if you have any questions or need any information on the NSP Alumni Program or Membership.

Josie Elting
Alumni Advisor

NSP SENIOR FIRST AID MODULE—PATROLLERS

By Jodie Jeffers, Patroller Advisor

tailwaggin1@mac.com

Patrollers gathered in an awesome breakout session at the PNWD Convention last month and shared how their area was similar as well as having some unique differences. None of this can occur if we live in our own bubble. This was a great way to network face to face but also show interest in how to improve on various situations.

Interested in learning more about the new NSP Senior First Aid Module? Let me help. The PNWD was actively involved in developing it as well as initiating the first roll out in the West Region.

The job of Patroller Advisor is an every changing role. You shape and control it. Being involved is how this occurs. All Region Directors were requested in both April & August to ensure they have representatives to participate. Please jump on board by notifying your Patrol as well as your Region Director of your interest. Don't forget to include me in that email as well.

Jodie Jeffers
tailwaggin@gmail.com
PNWD Patroller Advisor

CERTIFIED PROGRAM

By Liz Dodge, Certified Program Rep

lizpnwd@gmail.com

As many of you know I have been working at the national level as part of the Certified Program Committee for the last several years. The goal being to update the NSP's Certified program so that it was standardized across the organization regarding curriculum, testing etc... This has been a monumental task and I am happy to report that 'We are almost there!'. Just a couple more modules to go. I am hoping that these will be finished up before or early in 2020. Of course, once all systems are go, there will be a 'beta test' period to validate the product.

Some of you are likely asking what is the Certified Program? The program was originally developed in 1968 for the then expanding needs of the pro/paid patrollers. Those needs included being able to execute and manage all operations and activities of a patrol and its patrollers at a ski area. That meant everything from recruiting and training patrollers through mass causality incidents, avalanches, etc... with very minimal numbers of patrollers. Completing the Senior Program was a prerequisite, and that is still 'highly recommended'. Times and needs have changed but the program is still viable.

In the past the PNWD as a division has not utilized the NSP's Certified Program, and instead any of our members who wanted to become 'certified' went through the APP (Association of Professional Patrollers a west coast organization) program. The NSP and APP have had a Reciprocity agreement for a very long time. That agreement is also being re-worked at this time and hopefully we will have an updated MOU (Memorandum of Understanding)/Reciprocity agreement in place very soon. This agreement is not straight across 'reciprocal' and is 'conditional' for some modules. For example, in Avalanche the APP requires more than the NSP. This makes sense because out west we have avalanches, where in other parts of the NSP avalanches just don't happen.

At this time within the PNWD's active membership we have 13 certified patrollers, only 1 obtained thru the NSP program, and 9 are on one patrol. Our most recent certification issued in 2015. This is a very small percentage of our membership. As the program revision project progresses, we will keep you informed.

Liz Dodge
Certified Program Rep



Davos Switzerland

AWARDS

By Peter Schwartz, Awards Advisor

peteskiis@aol.com

The PNWD had a great year for Awards that culminated with the PNWD Awards presented at the 2019 PNWD Convention this past August. In summary, virtually every Outstanding award category was nominated and awarded at the Convention. Additionally, at the NSP level, there were 5 Yellow Merit Stars, 1 Silver Merit Star as the National Runner-up, and 2 Gold Merit Stars as winning the overall National Outstanding categories presented to PNWD members at the Convention this year. There were also 2 Meritorious Service Awards (MSAs) presented to PNWD staff, 1 National Appointment, and 1 Distinguished Service Award (DSA). These award winners will be announced in the following Norwester to assure those who won their respective awards from the PNWD and the NSP have been presented during the upcoming Fall time-period if they were not already presented at the PNWD Convention.

Throughout the year, there were also 5 Yellow Merit Stars for assisting on serious accidents, 2 Green Merit Stars for arduous rescues, 3 Blue Merit Stars for unsuccessful attempts to save a life or in support of a life-save, and 4 Purple Merit Stars for 4 separate life-save events. This was a busy year, and I want to thank all of people who took the time to write the awards, and nominate them through their respective Region Awards Committees. Everyone did a fantastic job!

Now is a great time to prepare for awards for the upcoming year. Each patrol needs to have an active patroller who is the Patrol Awards Representative who is responsible for writing and nominating your patrollers to receive NSP awards recognition from your patrol, your Region, the PNWD, and the NSP! Each Region needs to have a Region Awards Committee Chair who coordinates and nominates awards for the Region and nominates awards to the PNWD. As your PNWD Awards Advisor, I will move forward qualifying applicable NSP awards to the NSP for their consideration, and hopefully receive national recognition for the patrollers and patrols within the PNWD. Please be sure to use the most current awards forms located on the NSP website, and send PNWD and NSP award nominations from the Region Awards Committee Chairs to me electronically to assure the fastest amount of time to receive awards back from NSP. It is our collective passionate desire and objective to recognize our patrollers for extraordinary efforts as we dedicate our time and efforts to putting our skills to good use in service to the outdoor public communities.

If you have questions about awards, patrollers should contact their respective patrol Awards Representative, Region Awards Committee Chairs, and/or myself at any time.

Peter Schwartz
PNWD Awards Advisor
Email: peteskiis@aol.com

INSTRUCTOR DEVELOPMENT

By Kathy Alexander, ID Advisor

katalexander911@mail.com

My goal this season is to visit Region ID courses: So far I have traveled to Kenmore, WA. and in town to Bend, OR.. I have 1 more travel to the Eugene/Ashland, OR. area to instruct/IT/mentor for the on-line and classroom session of ID courses;

This past season:

10 ID Instructors conducted ID e-courses throughout the division, and several ID-Ice courses were also held this past year; I traveled to Snowbird, UT. for a face-to-face meeting of the National ID Committee to complete both the ID Manual and the ID Instructor Manual, to edit the ID on-line course, to work on curriculum for ID Continuing Education course and skills review course...much was accomplished when the committee members finally met for a 2-day meeting. I also instructed an ID portion of an on-line course at Powderfall (12 participants) and instructed an ID-ICE skills review course at Powderfall (10 participants);

Goals for the 2019-2020 are to continue to be available to mentor, instruct, and travel within the division to attend courses; plan to conduct an ID-ICE and skills review courses at the August Convention in Eugene, OR.

Respectfully submitted,

Kathy Alexander, PNWD ID Advisor

OET/TRANSPORTATION

By Jack Ramsey, Transportation Advisor

ramjax@icloud.com

I originally wrote most of this to present to the PNWD Executive Board meeting at the Division Convention. I am adding a few things for this article to include some of the things that happened at the Convention as well as a couple things I think are worth mentioning.

This being my first season as the PNW Division Advisor I am unsure of how much I can accomplish in a season. I do have definite ideas on what I would like to make happen in the next few seasons, so I will lead with that.

As many of you know, and have heard me say several times, (there's a joke in there somewhere) I have a strong background with Professional Ski Instructors of America (PSIA). One of the ideals that impressed me with the PSIA system of teaching, is their continuity throughout the country. This continuity creates an atmosphere of trust with the resort guests, who enjoy a variety of ski areas around the US. A guest at Mount Baker can take a lesson there and weeks or months later take another lesson at Baker Mountain (that's in Maine) and the ski instructors can pick right up where the last left off. I would liken it to a fast food franchise with the exception that PSIA allows a great deal of creativity in the style of each instructor. Although every instructor will recognize what a guest needs to improve, the instructor determines the delivery and methods used. One of my long-term goals is to bring more continuity and consistency to how we teach OET throughout the PNW Division.

Jeffery Weitz has been working on a teaching matrix, to give our instructors another tool to help them become better instructors. He has been working with ski instructors from across the country and has put together a strong list of drills and what skiing movements each drill can improve. He brought the first copy to the Division Convention and was kind enough to let me introduce it in my break out session. I want to continue forward with this by demonstrating first hand how this tool can be applied. First I will be learning what preying mantis is from You Tube.

Speaking of my break out session at the Convention, I wasn't sure how much time I would have or how many sessions I would be leading. I had three corny titles each of which could make up a fifty-five minute session. I ended up spending most of a single fifty-five minute session on discussing how to get more people involved in the Senior Program. The discussion was quite productive and I will be speaking more on the in future ramblings. Suffice it to say there were enough ideas to fill my next Norwester article.

I also wanted to get those in attendance thinking about teaching this winter by presenting a couple videos and doing some movement analysis. I apologize to those of you who wanted more of that and less talk of motivating Senior involvement. Oh well! That just leaves me more to talk about and demonstrate on snow this season. The take away though, is now is the time to start thinking about how we can improve our teaching skills. Teaching is a blend of knowledge and art to pass on to others what has been passed on to us. I will be challenging everyone to break out of your shell and develop a new teaching tool. Just make something up and see how it works. If it doesn't work try something else. Let's try to keep it fun, keep it fresh, and keep it moving.

I truly appreciated the PSIA challenge of obtaining different levels of instructor training. PSIA has 3 basic levels of instructor qualifications, with Level Three being the highest. There are other levels beyond that, including Division Clinic Leader, Division Demonstration Team Member and National Demonstration Team Member. Each successive level steps up exponentially the instructors training, experience, and knowledge. The tests are appropriately challenging, but attainable by those willing to put in the time and effort to become better instructors.

The success of the Senior program is paramount to developing strong, confident, and competent instructors and leaders. Assuring the PNW Division Senior candidates are prepared for and earning a Senior title that means something is paramount to me. I am not looking for Level 3, but I do believe every Senior should be able to run a loaded toboggan down any slope in any snow condition on any run in the division, safely, with style and grace. That is how I define Senior Level OET patrollers.

This first season I will be asking all the region advisors to get me their Senior OET schedules before the season starts, so that I can attend as many as possible. Those finals I cannot attend I want to be at your early calibration clinics. The question will be asked, "Is this a Senior Level challenge?"

On another note, I am a little embarrassed to admit that I attended my first Nuts and Bolts Clinic at Timberline this year. I'm not embarrassed that I attended, just that this was the first time. This is a great event. The weather was amazing. The attendees were great fun. The apres ski should be experienced by everyone as often as possible. The number of participants this year was one of the highest ever with 132 registered patrollers. Well done Jeffery Weitz, David Atkinson, Doug Stanton and everyone involved with Nuts and Bolts. Please keep up the great work.

Thank you in advance for your support. I look forward to getting to know everyone better very soon. I do want to visit every ski area in the Division, if not while Division OET Advisor, then as a guest. That is a worthy goal!

Jack Ramsey—Division OET Advisor

AVALANCHE REPORT

By Brad Acker, Avalanche Advisor

ackerbrad@hotmail.com

Summer is winding to an end and if you are like me, thoughts are starting to turn to...well, turns. No matter if you like the corduroy or the power, we are not far away from making turns. I'd like to introduce myself. My name is Brad Acker and I'm the new PNWD Avalanche Advisor. I live in Idaho, patrol with the 705 Backcountry Ski Patrol, secondary with Soldier Mountain Ski Patrol and I'm the past Southern Idaho Region Avalanche Advisor. A quick thanks to Eric Griffith for stepping into my old role. Also a big thanks to Patrick Stanton who served in this position for the last several years and helped me navigate the duties of this position.

The divisional meeting in Eugene was very informative, fun and cultural. I made it home with three beautiful works of art from the silent auction. I almost got to go river rafting, if it was not for that darn business meeting! I also made it home with a lot of excitement for this coming year. I encourage everyone to try to attend your Regional and Divisional meetings.

My major theme for this year is communication. We have already had one conference call with the Region Avalanche Advisors and another one is on the horizon. I'm looking for good communication about what all our job requirements are, what we are doing in our regions, and what help Advisors, Instructors or ITs need. In addition I want to start sharing class content and teaching methods across the regions so we can all learn new ways to present our material, which has been changing so much in the past decade.

With regard to Divisional duties very soon we will be renewing instructors and ITs. Please make sure your instructors and ITs have their teaching activities and continuing education documented. Speaking of continuing education, it is SAW season. SAW is a snow and avalanche workshop. Typically put on by groups like the National Forest Avalanche Centers, search and rescue units and ski patrols. For a list of all the SAWs and to find one near you please visit <https://www.americanavalancheassociation.org/events>

I do have a couple things to inform you about on the broader avalanche certification front. We are now entering the third season of the Professional / Reactional path split in avalanche education. The American Avalanche Association (A3) has approved the NSP curriculum in avalanche level 1 as an official prerequisite to the professional level one. This demonstrates the great relationship the NSP and A3 have and also the great work the NSP has done in keeping our class content up to the latest body of knowledge. I encourage patrollers to obtain their professional level course work and/or attend the National Avalanche School (NAS). This is also the last season the "bridge" classes will be held. A bridge class is a shorter class designed to get an individual with what is now considered reactional education but has much experience in operational settings up to the professional standards. If you need to locate a bridge class check out the A3 website for a local provider.

Please reach out to me if you have questions, concerns or have a patroller who would like to get more involved.

Until next time,

Brad Acker
PNWD Avalanche Advisor



WOMEN'S PROGRAM

By Liz Dodge, Womens Program Rep

lizpnwd@gmail.com

Women's – Shelley is continuing my quest to find a new advisor for PNWD, and work in that regard is ongoing. What is the program all about? It may not be what you think.

It is about:

- ⇒ Recruiting, and Retaining women into the organization.
- ⇒ Encouraging and Empowering our female members to:
 - ⇒ be the best they can be in all aspects of patrolling.
 - ⇒ go into leadership positions; both instructorships and patrol officer positions.
- ⇒ Identifying and breaking down walls that stop or deny women the ability to excel as a patroller.
- ⇒ Having a network for women to share their knowledge on finding 'size and shape' appropriate clothing and equipment. Luckily for everyone the outdoor sports manufacturers have come a long way in this area.
- ⇒ Recognizing accomplishments.

It is NOT about:

- ⇒ Women only working with women, or only training with women.
- ⇒ Finding easier jobs for the female patrollers.
- ⇒ Women doing all the 'inside' jobs like making coffee, cleaning, paperwork etc, those days are gone!

Women are built differently but this does not diminish the value or capability of their being great patrollers and a member of the team, including the leader of the team.

If you read up on NSP history, back when this all first started there were two couples (Charles and Jane Dole and friends Frank and Jean Edson) skiing together when one of the men our founder Charles Minot 'Minnie' Dole got hurt. Frank stayed with him, and it was the two women Jane and Jean who skied down the mountain for help and came back with help and a piece of corrugated tin roofing material which became an improvised 'sled' to transport Minnie off the hill. That was in 1936. The NSP was formed in 1938 and began to grow. By 1942 there were 180 patrols and 4,000 patrollers both women and men. So, you can see that women have been and continue to be active members.

Women have been members and an important part of this organization since 1938 and society in general for hundreds of years before that. Today approx. 24% of the NSP membership are women. Maybe more but as we said before a very large number of NSP members do not have their gender on their member profiles. The women's program is an area where it would be very helpful to the organization to know our female numbers. With that information the organization can better support these members through initiatives, and offerings.

In PNWD we have women who are and have very involved as patrollers, instructors, and in leadership positions up through our Division Director. Shelley is a strong leader and our fourth female Division Director, following in the footsteps of Barb Dixon 2003-2007, Dolores LaLiberte 2007-2010, Liz Dodge 2013-2019. Since 1938 we've had 17 division directors, 4 (23.5%) of which have been women. This says a lot for the women and programs and progressiveness of the PNWD.

So for going into the 2019/20 season, continue to do what you are doing and work to recruit, retain, encourage, empower, and recognize the women of PNWD.

Liz Dodge

Women's Program Rep

Change in the Wind – MTR Updates

The MTR program has made some significant changes in the past year, and the best is yet to come.

First, changes made.

We will have a new program manual – but, NSP will not be the publisher. Instead, “Freedom of the Hills” (FotH), published by the Mountaineers, has been chosen to replace our in-house manual. Pros, cons and the implementation timetable are:

Advantages:

1. Recognition: FotH is internationally recognized as a go-to reference for mountaineering.
2. Currency: FotH is updated roughly every 7 years, a rate that NSP can’t realistically match.
3. NSP’s Vision: Adopting a widely recognized textbook—an approach that has worked well for the Avalanche Program—will enhance NSP’s ability to offer gold-standard curricula.

Disadvantages:

1. Coverage: FotH offers only minimal coverage of search-and-rescue (SAR) principles. (Coverage of SAR in MTR2e also falls short of current standards for ground search team members.)
2. Visibility: NSP may lose some visibility by not publishing its own MTR manual.

Transition Timetable:

Stage 1:

July 2019-June 2022

In MTR F, MTR 1, and MTR 2, instructors may use:

- MTR2e for the whole course
- FotH, with MTR2e as a supplement for SAR coverage
- FotH, with InSAR as a supplement for SAR coverage

Stage 2:

Starting July 2022

In MTR F, MTR 1, and MTR 2, instructors must use FotH, with InSAR as a supplement for SAR coverage.

These changes will dramatically improve the quality of our resource material.

MTR2 Prerequisites:

A recent change of note, although it has little or no impact on PNWD, is that MTR Fundamentals (no overnight camping required) does not qualify as a prerequisite for MTR2.

Of perhaps greater significance, there is an avenue for patrollers with extensive training outside of NSP to use that training as a prerequisite for MTR2. In a nutshell, the outside training must be from a well-recognized organization, equivalency to MTR1 must be demonstrated at the syllabus level, and approval by the Division MTR Supervisor is required. Refer to the MTR Instructor Manual for details.

Finally, change yet to come.... The program will be exploring online delivery of course materials, which will allow us to minimize “Death by Powerpoint” and take better advantage of existing material from outside sources (e.g., online videos). Other divisions have taken steps in this direction, and there has been significant work done in Cascade Backcountry Ski Patrol (NWR MTR Advisor, Mark Langley). Stay tuned.

Dick Willy

PNWD MTR Program Supervisor

ELECTION 2019

Election 2019

Quite a few PNWD members asked me what I was going to do after being your division director. Well by now you likely have/should have seen that I have taken the next step. That being putting my name in the hat looking to work for the NSP as a member of the NSP National Board of Directors. I have made it through the first 'vetting' and my name will be on the ballot for the election this fall. Voting starts Mid October and ends at the start of December.

Most of you know my commitment to the NSP and ski patrolling in general within PNWD and the entire organization. My desire is to continue my work and commitment at the national level for the benefit of all.

I am open to discussing your concerns, desires, etc... and can be reached at LizPNWD@gmail.com or 206-300-7711.

Below is the platform statement that I have submitted for the election pamphlet.

When I started as a junior patroller, I knew that I was in this organization for the long haul. Now in my 49th year, I'm still as passionate and committed as ever to serve the NSP and am supported in this endeavor by my husband Glen and my daughter Nicole who are both long term patrollers.

My NSP history includes 34 years in leadership positions at the patrol, region, and division levels. This included being Candidate and Senior training advisor, Instructor and IT of multiple disciplines, multiple Region and Division program advisorships, Patrol Director, Region Director, and Division Director, among others. I received National Appointment No. 6464 along with many awards from local Outstanding New Patroller to a Gold Merit Star for National Outstanding Patrol Director and more recently an MSA.

For the last 6 years while Division Director, I was also committed to National level committees primarily involving Governance, Education, Certified, and the IT Task force. This work enabled me to coordinate with a network of NSP friends and colleagues and provided me with deep insights into what is happening globally in our organization. I have benefited by gaining an immense amount of experience and knowledge of the NSP which I am able to bring into discussions. Additionally, I have respect for the diversity and uniqueness of every division, including a sensitivity for how each division is affected by the actions taken at the National level.

Outside of the NSP, I have held positions in Management, Healthcare, and Technology and have experience in Strategic Planning, Process Optimization, Finance, Budgeting, and Auditing from which to draw upon. I would appreciate the opportunity to serve you and the NSP as a National Board Member. The responsibilities are multifaceted; including consideration of initiatives presented for leadership and member needs, improving the ability and ease of use for our data management systems to provide accurate information, assuring that our governance policies are appropriate, that our financial position is sustainable, and collaboratively develop strategic plans which will optimize the organization's future.

My goals would include actions to promote:

- **Education** – Keeping our protocols up to date, promote mentoring of instructors, and improving credibility of our certifications which will decrease potential liability.
- **Governance** – Efficient, equitable, and mission-relevant
- **Technology** – Ensure accuracy of program records and business practices with appropriate access that enhances performance and effectiveness. Retain member and organizational history.
- **Finance and Fundraising** – Fiscal responsibility and accountability
- **Relevancy** – To the public and outdoor sports industry and their needs for us as patrollers
- **Standardization and Quality Assurance** – Maintain consistency across all disciplines
- **Organizational Growth** - Recruitment, retention, recognition - encourage, empower, and reward

My commitment is to a strong NSP Organization. I am confident that my experience and knowledge would be an asset to the NSP's leadership team as a member of its Board of Directors. This team strength will enhance and optimize our members' patrol experience and their capability to serve the public and our industry partners.

I would appreciate your support and your vote!

Liz Dodge



Ski Flight 2020 January 31—February 11

Chamonix! Mont Blanc! Courmayeur! Verbier! Paris!

Nestled within a 12-mile long valley, Chamonix is surrounded by majestic mountains, including towering Mont Blanc—the highest mountain in the Alps. A multitude of groomers and nearly endless off-piste possibilities provide excellent terrain for skiers of all levels. Best skied with a guide, an absolute must for those who are intermediate and above is the legendary 13-mile Vallée Blanche—famed for being a paradise for powder seekers as well as its views.

All the ski areas in the Chamonix Valley—plus nearby Courmayeur, Italy and Verbier, Switzerland—are included on the Mont Blanc Unlimited Ski Pass. A 6-day adult ski pass is approximately \$365, more affordable than skiing in the US.

Wondering what to do after skiing? The après-ski and nightlife in Chamonix is world-renowned with everything from crazy Aussie watering holes to elegant piano bars, 14 bars and 4 discos. Numerous shops, boutiques, restaurants, cafes and pastry shops complete the town.

Our home for the week is the recently renovated 4-star Hotel le Refuge Des Aiglons. This cozy, modern, lively hotel in the center of Chamonix welcomes guests with its unique ground floor “Life Space” which encompasses the spacious lounge, bar, and restaurant. The Deep Nature Spa, with free entrance to hotel guests, includes an outdoor heated pool, sauna, steam room, jacuzzi, and relaxation area. Massages and beauty treatments are available by appointment at an additional charge. Hotel website: <https://aiglons.com/en/>

Not to be outdone, our classic 3-star hotel in Paris, the Hotel Le Regent, is well-located amidst the quaint, small streets in the Saint-Germain des Prés district with bars, restaurants, and shops just around the corner. The Louvre, Eiffel Tower, Luxembourg Gardens, Montmartre, the famous Les Deux Magots café and more are all within walking distance or easily accessible with public transportation. A walking tour of the city is in the process of being scheduled. In addition, hop-on/hop-off bus tours are also available. Hotel website: <https://hotelleregent.com/>

So, what's included?

- 7 nights in Chamonix at 4-star Hotel Le Refuge des Aiglons, IN01FEB OUT08FEB
- 3 nights in Paris at 3-star Hotel Le Regent, IN08FEB OUT11FEB
- Buffet breakfast and 3-course dinner daily in Chamonix, including drinks (water and one glass wine or beer pp)
- Continental breakfast daily in Paris
- Walking tour in Paris
- All private group transfers
- Geneva Airport to Chamonix hotel, 01FEB
- Chamonix hotel to Geneva Airport, 08FEB
- Paris Airport to Paris hotel, 08FEB
- Paris hotel to Paris Airport, 11FEB
- All local taxes

Package price including airfare from Seattle: \$3050 plus \$165 air taxes. Airfare may fluctuate slightly.

Departure from other airports can be arranged, and may affect pricing.

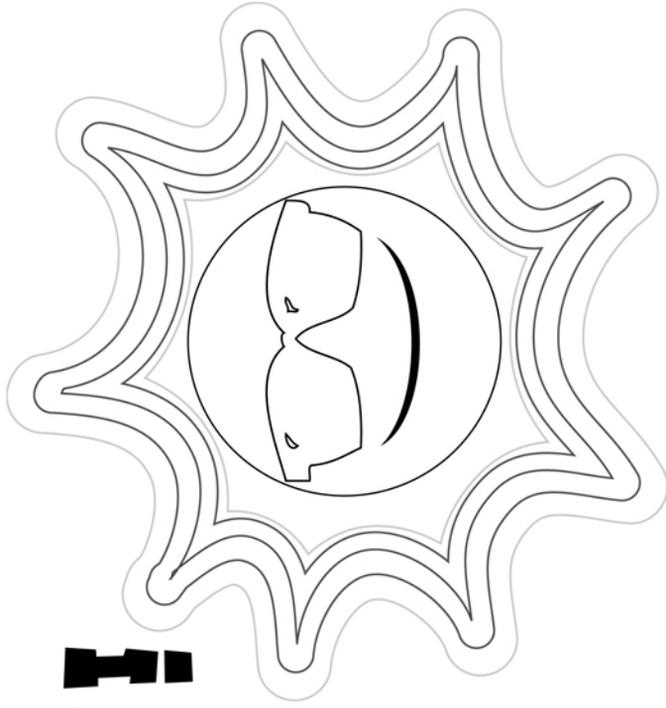
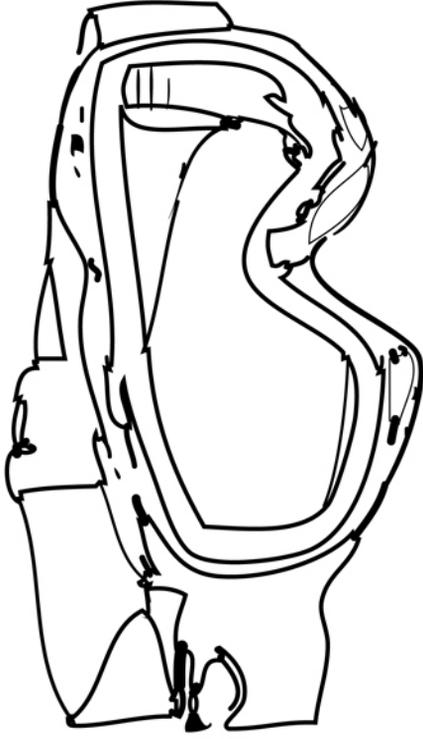
For more information and/or registration please contact:

Sally Seelye, Ski Flight Advisor
E-mail: sallyseelye@gmail.com
Cell/text: 253-468-0725

Monica Volz, Snow Tours
Email: monica@snowtours.com
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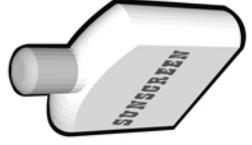
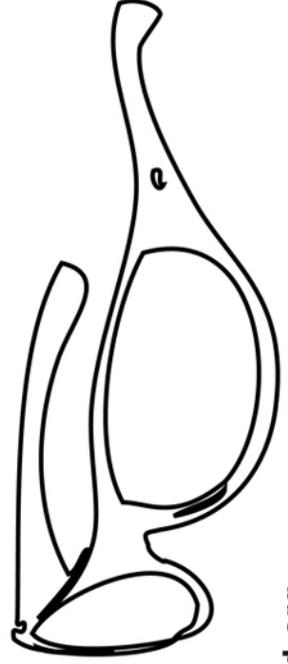


BE PREPARED!



**DON'T FORGET TO PROTECT YOUR EYES
AGAINST THE SUN'S HARMFUL RAYS!**

**STAY HYDRATED THROUGHOUT THE DAY!
BE SUN SMART - WEAR SUNSCREEN.
THE SUN CAN BURN YOU EVEN IF
IT'S CLOUDY OUT!**



www.nsp-pnwd.org



**THE NOR'WESTER
PACIFIC NORTHWEST DIVISION,
NATIONAL SKI PATROL
960 SUNMIST CT SE
SALEM, OR 97306**

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The National Ski Patrol (NSP) is a Federally Chartered non-profit membership association dedicated to serving the public and the mountain recreation industry by providing education services about emergency care and safety.

NSP also reaches members through nationally funded education materials and programs, division newsletters, and local clinics. Through its divisions, NSP conducts training events to supplement training provided by the ski areas. This cooperative effort ensures that members are serving the needs of area management while staying in tune with a nationally standardized system.

Vision Statement: The Pacific Northwest Division is the foremost ski patroller association comprised of volunteer and paid patrollers in the host ski areas, dedicated to maintaining performance standards in the ski patrol environment. The main purpose of the ski patroller is to deliver up-dated first aid and rescue services to the skiing and outdoor-recreation public. The Pacific Northwest Division is an integral part of the National Ski Patrol Systems, Inc.



www.nsp.org

www.nsp-pnwd.org

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