

Patroller Wellness Safety Culture 4 All
PNWD Talking Points

What do we call it and why:

SafetyCulture4All: Since 1938, NSP's Creed has been Service and Safety. We wanted to build & sustain a solid foundation and awareness of safety and wellness in our patrols, regions & division initially. This includes all disciplines and ultimately expanding out to the areas and those we work alongside with.

What is it:

Providing a culture of safety, by building a solid core foundation and provide resources. To aid in the understanding and expectation of what Safety, Wellness and Stress Awareness is in general and how patrollers can be affected while others may or may not experience the same initially or over time.

What it is not:

Counseling and treatment of patrollers. It is not *solely* for major incidents, ie CISD, CISM: That is the rare occurrence.

Why is it important: Natl Task Force Mission Statement supported by NSP BO: "National Ski Patrol is committed to creating and supporting a culture of wellness, safety, and resilience for all our members and those whom we serve. Honoring NSP core values, we will provide our community with the awareness, leadership, guidance, education, and resources needed to help ensure their emotional and mental wellbeing."

Why should I buy into this:

Maybe the question should be, why shouldn't I? What are the concerns, questions?

What barriers do I expect to face:

This is a new skill set for us all. It is change and with change brings uncertainty. Things that are New = Practice, Review = Practice.

How do I get buy in:

Understanding of what this is about and its support for all. Having others share the benefits of this process as well as what has happened when the support is not there.

Resources available:

Many resources and programs are available in the PNWD area and beyond that have been around for many years. Research and use was started by the military well over 50 years ago. Many organizations and groups have not only been using the general concept but also providing further experience and expertise. The last 10-20+ years there has been an increase and awareness on this from the many communities such as: medical, emergency services, law enforcement, fire departments, rescue groups, park services, outdoor guides, etc.

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Who would I report to & How do I get started with a program if I am a:

Individual patroller, a PD, a RD, Medical Advisor for my patrol, etc.

All will benefit by the basics, the foundation of learning that the PNWD offers as well as the many program options already in place. Each will have a common ground but also their individuality. Please contact your Patrol & Region Director and include: Jodie Jeffers, PNWD Safety/Patroller Advisor & Carl Heine, PNWD Medical Advisor & Shelley Urben, Division Director. Go to the [PNWD-SC4A Website](https://www.nsp-pnwd.org/safety4all.html) to learn more including: **Patroller Wellness, Safety, Stress Awareness – How to Begin?** (word & pdf)

Videos, Courses available, Articles, Tools and Data

Please refer to the PNWD SafetyCulture4All Workshop website:

<https://www.nsp-pnwd.org/safety4all.html>

Many tools, other programs to review and find what works best for your patrol. Below are just a few of the many examples. More will be posted on the website.

BOTTOM LINE: We are here to help assist you and your patrol in the best way we can.

Service & Safety for All

