



NOR'WESTER

PACIFIC NORTHWEST DIVISION—NATIONAL SKI PATROL

March 2020

DIVISION DIRECTOR REPORT

By *Shelley Urben, PNWD Director*

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The season is well underway and we have all been busy patrolling as well as training and honing our skills. I've had the opportunity to attend the January National Board Meeting in Denver and the mid-year OEC Senior Clinic for WyEast and Oregon Regions. At this point I'm also planning on attending the Senior Finals for Northwest at the end of March.

I want to extend my congratulations to Liz Dodge, our former Division Director, for winning a much deserved seat on our National Board of Directors. She has already stepped in and started to make a significant difference for all patrollers. It is truly an honor to work with her in her new role.

Along the same lines, please help me congratulate Andy Bechdoldt and Michael James. Both ran uncontested for Region Director for Oregon and Northwest respectively. I look forward to continuing to work with both of them as well. We are still waiting for the results of the WyEast Region Director election.

From National

Outdoor Risk Management -

National recently established an Outdoor Risk Management (ORM) program and appointed Mike Petrozzi from New Hampshire as the National Program Director. This program will provide training and education on risk management functions. Specifically it will focus on legislation, industry standards and practices, risk identification, mitigation, and operational basics of ski/ride school, lift operations, lift maintenance, terrain park operations, snowmaking and grooming. We are looking for someone in the PNW who would like to take on the role of Division ORM Supervisor. This person will be involved in helping design this program and getting it off the ground, and of course working with our Division. Please let me know if you are interested.

Education Programs Manager –

Please welcome Nodin de Saillan as the new Education Programs Manager for National. I had the opportunity to talk with Nodin on the phone and found him to be very personable and very eager to serve in his new role. He has already taken in a great deal of information and has several positive ideas to move the organization forward. Nodin's job includes work as an educational resource for members and a liaison with external stakeholders and organizations. I will be working closely with him in my role as a voting member of the Education Committee.

NSP Website –

Resources: The NSP website, under the Member News page, has additional information on the above topics along with information on FirstNet, results of the 2018 fall member survey, a new leadership/management resource collection, and much more. You can also find updated copies of the NSP Policies and Procedures and Board Minutes and more within the site. Don't be afraid to get in there and look around. Make sure you read through any restrictions before downloading any documents.

Changes: The NSP board recently approved a substantial amount of money to conduct several improvements on the website. These changes will primarily affect instructors, but those improvements will trickle down the line and prove beneficial to all patrollers.

Inside this issue:

Division Director	1-2
Ski Flight	3
Inland Empire Region	4
Southern Idaho Region	5-6
Oregon Region	6
Certified/Instructor Development	7
Medical	8
OEC	9
Elections	10
Safety	11
Registrar	12-13
Alumni	13
NSP Board Member	14-16
Awards	17
OET	18-20
History	20
Avalanche	21
MTR/Patroller	22
Women's Program/ Nordic News	23
PNWD 2020 Convention	24
Safety Color Page	25
Photo Page	26
Unscramble	27

(continued p. 2)

DIVISION DIRECTOR REPORT—continued

OEC 6 2020 – OEC 6 is scheduled to be out at the end of May. I am working with Janie SanRomani, our OEC Supervisor, on dates for introducing the new manual to instructors. If you are conducting an OEC class this summer, you will want to wait until the book is released and instructors have been introduced to it. Please take a look at Janie’s article in this issue for additional information.

PNWD

Communications –

PNWD has an active Facebook page and we are currently making a concerted effort to increase usage. Please find it, like it, and tap into the additional pieces of information that are being shared in our Division and across the nation. I’m hoping to hook in all of our region and patrol Facebook pages to the Division page as well. Many of us are posting pictures of training events, videos on safety, and more. The goal is to use Facebook and Instagram to improve communication across the Division. Information about the August Convention will be posted there soon!

Dues –

If you haven’t yet paid your dues to National, you need to get that taken care of asap. Any dues paid at this point will be charged a late fee. If you don’t get them paid, you are at risk of getting dropped by National.

Legal -

With the help of Dave Campbell (Southern Idaho RD) and Joel Stevens (WyEast RD), we have a new Division Legal Advisor. John Nelson is from Mt. Spokane Patrol, Inland Region. Please help him feel welcome. John is already helping me sort through some Division business and is a great resource.

Awards change –

Make sure you read through Peter Schwartz’s article in this issue where he discusses some much needed changes to National Awards. These changes include the addition of awards for National Paid Patrol Director, National Outstanding Bike Patroller, National Alumni, and National Outstanding Bike Patrol. Peter is our Division Awards Advisor and he was instrumental in writing several changes to the matrix, the forms and the instructions. Thank you Peter!

Looking For... Please be aware that we are looking for the following. Please email me at shelley.urben@nsp-pnwd.org if you are interested:

- Division YAP Supervisor
- Division ORM Supervisor
- Division Nordic Supervisor

As always, thank you for your continual service and dedication to patrolling. It is an honor to be a part of this organization with all of you and to serve as your Division Director.

If you have any questions, concerns, ideas, etc. please contact me at any time.

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Ski Patrol*

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Go to Amazon Smile and select PNWD as your designated charity.



Ski Flight '20 Returns from Chamonix

Another Ski Flight is in the books. Our first two days were wet. Very wet. Those who skied in the rain spent the next two days drying out. Day three was wind and new snow. One kept insisting the skiing that day would be epic. He was wrong.

So what do you do in Chamonix when it's raining? Some of us rented a car and drove to Milan where it was a balmy 73. Some took full advantage of the spa services offered at the hotel, visited the Alpine Museum & Exhibition, and of course there was all sorts of shopping in town. Lastly, we procured our guides in preparation for skiing the Vallee Blanche.

The remaining three days in Chamonix more than made up for the first three. Grand Montets was a favorite for its steeper runs and welcomed moguls, Les Houches for its nice groomers, and Flegere and Brevent for their stunning views. Several made the trip to the Italian side—Courmayeur—and were not disappointed.



Our runs down the Vallee Blanche did not happen. One guide cancelled due to conditions on the glacier. The other guide didn't cancel, instead he made it known that due to conditions it would be more technical with ice climbing and avalanche boulder negotiating rather than skiing. Harnesses, picks, and crampons would be necessary. While visiting the ice caves at Mer de Glace, I spoke with another guide coming off the Vallee Blanche. He said the last six miles were solid ice. So glad we opted to skip out on that!

Highlights of Chamonix (other than fabulous skiing) were the Mer de Glace, Aiguille du Midi, and a visit with the Grand Montets Ski Patrol who were very welcoming. It's always interesting to hear how other areas/countries run their patrol system(s).



After Chamonix we had three days in Paris to recoup. Our hotel was centrally located in the Latin Quarter, and most everything was in walking distance. For everything else there was the hop on/off bus. There was so much to do in Paris that three days didn't allow us to even make a dent in it.

As always, it's the people on Ski Flight who make the trip.



This year was no exception.

A huge and heartfelt "Thank You" to everyone who participated.



Ski Flight is for all Patrollers, and is open to family and friends. Tell them we like to ski—a lot. Ski Flight is a fundraiser for the Pacific Northwest Division and is not sponsored by the division nor the National Ski Patrol.

INLAND EMPIRE REGION REPORT

By Kelli Piper, Inland Empire Region Director

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All ski areas are now opening and operating within the Inland Empire Region. The season has been interesting with snow conditions and temperatures fluctuating. Our Region has begun offering clinics which are open to any patroller. Each clinic offers continuing education courses for instructors, advanced training for OEC and OET, and free lessons from a level 3 PSIA instructor. We hope these clinics will develop ski skills, increase the number of new instructors and recertify any instructors needing continuing education. The third and last open clinic is February 22nd at 49 Degrees North, please email piper@zagmail.gonzaga.edu if you have questions or want to attend. Also the Senior Program final evaluation is coming up at Lookout Pass March 7th. Please join us if you are in the area and want to observe the candidates and team that puts the evaluation on for either OEC or OET.

With the season underway there are still open courses to take in the Inland Empire Region in both Avalanche and Mountain Travel and Rescue. Knowledge and training in both these disciplines have proven beneficial this season. Hope every patroller will take these, the skills and knowledge learned is invaluable and you will be glad you did when you need it.

With spring around the corner I'm sure your patrol is planning an end of the season celebration or banquet. Please begin thinking about Awards and those deserving patrollers, it does take time to write up nominations but it a wonderful way to recognize fellow patrollers. The awards are often the best part of the banquets, unless you have patrollers who are really good dancers. 😊

A huge "Thank you" to all the Advisors in our Region, they've done amazing work this season! They are leaders in Ski Patrol and I look forward to the legacy they are building. Also thank you to all the patrols who have hosted our clinics this season, their hospitality is greatly appreciated. Thank you so much, Lookout Pass, Mission Ridge, 49 Degrees North and Mt. Spokane.

Please feel free to contact me with any questions about events, courses or programs offered in our region by email piper@zagmail.gonzaga.edu

Upcoming events in the Inland Empire:

- Open Region Clinic, OEC, OET and Ski Enhancement, February 22, 2020 at 49 Degrees North
- Senior Final for OEC & OET, March 7, 2020 at Lookout Pass 8am
- Spring Region Meeting, May 9, 2020 at YMCA 1126 N Monroe Spokane WA 9 am-noon.



Mission Ridge, IE Region Clinic



Silver Mt., IE Region Clinic,

SOUTHERN IDAHO REGION REPORT

By David Campbell, Southern Idaho Region Director

dcampbell@eoni.com

Hello from Southern Idaho Region, covering Magic Mountain, Payette Lakes, Ferguson Ridge, Anthony Lakes, Bogus Basin, 705 Backcountry, Soldier Mountain, and Spout Springs.

It has been a busy season so far with 2 senior clinics and a snow board and toboggan seminar. There were also four ski enhancement seminars at four of our areas. I was able to make it to one. It was fun and I always come away with some new ideas to help my skiing. We are planning more for next season so make plans now to attend one.

The Southern Idaho Eddie Orbea Senior Test was hosted by Bogus Basin on February 22-23. There were 6 candidates of OEC and 8 for OET. They trained hard to get ready, and I hope they were all successful.

Three areas in the region have had Memorial Sweeps.

There was a Sweep at Bogus Basin for one current and two past patrollers.

Jim Peterson was an active member of Patrol with Bogus Basin Ski Patrol, having joined in 1990. He passed away on May 5th due to injuries sustained while mountain biking.

Greg Henke, a former 10 year Patroller of Bogus Basin Ski Patrol having served in the 1980's and early 1990's, passed away on April 22nd in paragliding accident in Turkey.

Dick Brown, a 25 year Patroller with Bogus Basin Ski Patrol from 1964 – 1989, passed away after a brief illness on July 1st.

There was a sweep at Magic Mountain for Ken Wiesmore. Ken was an active member. He passed away after a brief battle with cancer. It was a wonderful sweep and a beautiful video was made, you can see it here.

<https://vimeo.com/389917037?fbclid=IwAR1WD61GdAf7yTPx-qPrdPiFiY-uXXcM2-2-T48mzeR5FKx0Dq1FxVatFrs>

Lastly there was a Sweep at Anthony Lakes for Mike Gooderham. Mike was a founding member of the Anthony Lakes Patrol, patrolled for over 50 years, was a former Region Director, Division Director, and National Board Member. He passed away after a long battle with cancer on September 24.

We are in need of a few advisers for the region. After 7 years as Nordic/Backcountry advisor Joe Mabbutt has decided it is time to give someone else a chance. Thanks Joe for all your hard work. Also we are still looking for a snowboard adviser; Tom Muncy is ready to step down, if you want to give help the region let me know. It's a great way to learn and meet people from all over the region.

There is still one more clinic to attend this season, a women's clinic at Bogus Basin. It should be a great time. We hope to make this an annual event.

Details on the Women's Clinic

Date: March 21-22, 2020

Cost: \$10 per session to help offset costs

Place: Bogus Basin

Course Numbers:

P060200001 - Snowsports Enhancement, March 21, 2020; 8 person limit

P060200002 - Toboggan Enhancement, March 22, 2020; 8 person limit

There will be an **Organized Rescue class** (Avalanche Mod. 3, P059200004) on March 7, 2020 in the McCall, ID area.

(continued p. 6)

SOUTHERN IDAHO REGION REPORT—continued

By David Campbell, Southern Idaho Region Director

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More Info:

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It's that time of the season that when it feels like the season will never end. But before you know it, it will be over. So get out there, make some turns, patrol, and have fun.

Hope to see you on the snow,

Dave Campbell
Southern Idaho Region Director



OREGON REGION REPORT

By Andy Bechdolt, Oregon Region Director

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Good day from the Oregon Region. I'm now entering my second term as the Oregon Region Director. We've had some great successes, and have learned a few things along the way. I'm very excited to continue in the role of RD. We have a very talented batch of patrollers in our Region and I'd really like to tap into some of that talent. We have a few open vacancies for Region staff. If you are interested in serving beyond your local patrol, please let me know. It is a rewarding and educational experience.

Santiam Pass hosted a Senior OEC clinic a few weeks ago, it was a great success – thank you to all who put in so much work to make it great. In the very near future, Mt. Bachelor will be hosting a Nuts and Bolts clinic. And not too long after that, the Senior OET final evaluation will be hosted by the Wy'East Region, as will the Senior OEC final evaluation.

Hopefully, by now all of the region patrols have completed their OET refreshers. If you haven't, and have questions, you can contact Joe Harwood – Region OET Advisor: joehwood6@gmail.com

Have fun and be safe!!

Andy Bechdolt
Oregon Region Director

CERTIFIED PROGRAM ADVISOR REPORT

By Kacy CARLSON

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Greetings fellow PNWD patrollers,

I hope all of you are enjoying snowy and safe winter seasons thus far. Down here at Mt. Ashland, we have been patiently awaiting some snow fall while we enjoy ample fun in the sun (FIS) ski days. As much as we miss the torrents of winter, the FIS has allowed our patrol the opportunity to focus lots of time on training our 20 or so candidate class.

I would like to provide you with a brief summary of who I am and my intentions as the PNWD's new Certified Program Advisor.

My name is Kacy Carlson and I was born and raised in Juneau, Alaska. I started skiing at a young age, as many of us have, and always felt at home on the snow and in the mountains. My first introduction to ski patrol was as a feisty youth getting asked to slow down and obey the ski area signs. At some point I came to the realization that ski patrollers never waited in long lift lines, always skied powder runs first and last, and got to intentionally trigger avalanches using explosives. I was pretty much hooked on the idea of becoming a patroller. By the time I was 18, I was a ski patroller, member of the local fire department, and an active member of Juneau Mountain Rescue. Now, a decade plus later, I am still patrolling and loving every day on skis.

When I was first approached about being our division's certified program advisor, I wondered what value and improvements I could bring to the program and whether the vision I had was realistic. My vision is pretty simple: to develop a clear pathway for all patrollers to work toward furthering their patrol education through structured and outcome orientated training and testing, ultimately culminating in a level of training adequate to prepare any patroller to be in an advanced leadership position and train other patrollers to the same level. For far too many years, I heard paid patrollers referred to as "pros" by their volunteer counterparts and volunteer patrollers referred to as "vollys" by their paid counterparts. This verbal segregation insinuates that one group is not professional and is not as adequately trained. It is my goal to make the certified program an appealing training ground for all patrollers – both paid and volunteer – where all patrollers are considered professional and everyone is pushed to be the best patroller they can be.

Lastly, I have had the distinct privilege of being mentored by some of the finest patrollers I know, both paid and volunteer, certified and not. The common theme amongst all of them has been their passion and desire to strive for excellence.

Wishing everyone a happy and safe season,

Kacy Carlson

INSTRUCTOR DEVELOPMENT

By Kathy Alexander, ID Advisor

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Happy Mid-Ski Season to All:

- ◆ There have been several ID courses held throughout the Division these past 3 months, as well as several ID-ICE courses to satisfy ID Instructor recertification requirements.
- ◆ To all Region ID Advisors: please check your Region ID-IT and ID Instructor rosters now, and start notifying those Instructors whose recertification's are due to expire Dec. 31, 2020. Remind them that they need to be observed by an ID-IT at least once during the 3-year recertification period; and that said, ID-ITs should plan ahead and evaluate ID Instructors whenever a course is held.
- ◆ And to ID Instructors: please notify your course assigned IT that you need to be observed and/or if you need to attend an ID-ICE.

Let's all work together to assure recertification requirements are being fulfilled and plan well in advance to get it done.

Enjoy the rest of the season; be safe; and thank you to each of you for all you do for the NSP ID program.

Kathy Alexander
PNWD ID Advisor

Lung Function and The Ski Patroller

James J. Hamilton, M.D.

PNWD Medical Advisor

The body requires oxygen for all its functions and, ultimately, its survival. The circulatory system distributes the oxygen throughout the body. Without oxygen, a fully functioning circulatory system doesn't matter – you die. For the ski patroller who is working at higher altitudes with less oxygen available, good lung function is extremely important. The respiratory system is similar to the hot air heating system in your home. Your heating system provides heat through the main large duct that then sub-divides into multiple smaller ducts ending in a room and providing heat. Similarly, the respiratory system starts with a large tube (the trachea) and divides into smaller tubes (bronchi and bronchioles) to end in a “room” (alveoli) providing oxygen. In both systems, the duct work has to be clean and free of constrictions. If there is a filter (the alveolar wall), it has to be clean or the flow is restricted. If the size of the room changes without changing the duct work, the supply is inadequate for the size of the room.

As a child, our lungs are free of foreign materials and the alveoli are very small (like a very fine sponge) providing a large surface area for the exchange of oxygen. As we age and are exposed to atmospheric contaminants, the surface of the alveoli become “coated” and the ability of oxygen absorption is decreased. This is similar to the filter becoming clogged. Another example might be the ability of a clean or dirty window to transmit light. Additionally, we can develop medical problems which interfere with air flow. Bronchitis decreases the diameter of the bronchi from inflammation and scarring which restricts the flow. Emphysema destroys alveolar walls making “larger rooms” (like a natural sponge) with a decrease in the total absorbing surface available but without increasing the air flow, thus resulting in less oxygen available for the body to use. Respiratory infections such as the flu or now the coronavirus cause mucus and inflammation of the lung resulting in decreased oxygen absorption.

In addition to medical conditions, there are activities that we participate in which can also significantly alter lung function. The most common one is smoking. Take a look at the rate windows in the home of a smoker get dirty. That is also happening in their lungs. While you can clean the windows, you can't clean your lungs and the dirt continues to accumulate throughout your life. People have now started “vaping.” This has been responsible for very serious problems which can result in the actual destruction of lung tissue from the inhalation of toxic chemicals. The body cannot repair this damage and it results in a serious decrease in lung function which may require a lung transplant for survival. Since vaping is more prevalent in younger people, they have an entire lifetime of lung problems as a result.

The bottom line is to take care of your lungs! Avoid the voluntary inhalation of any non-medical substance. Take care to protect your lungs from atmospheric contamination. If you work in a smoky environment, wear a respirator. You need good functioning lungs to be able to preserve your ability to do strenuous activities - especially skiing at altitude!

OEC REPORT

By Janie San Romani

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This is probably the busiest OEC time for all of us—here's hoping that you haven't had too many serious incidences at your areas this season. For those of you that have experienced some challenging situations, I bet you were able to handle them perfectly with all your training and refreshing. All of us have those moments, though, when we must stop for a moment to take a deep breath, then proceed as we have been trained. Every situation can be a learning experience when you are dealing with humans in an outdoor environment.

Hopefully everyone has successfully completed their refreshers. It is a really good idea for each patroller to double check their own profile on the NSP website to ensure the fact that they have received credit for attending their refreshers. The whole process is continually being improved and hopefully streamlined, but it is still best for everyone to check their own profiles—mistakes can be made by all of us.

Senior training and evaluating are starting to happen as this newsletter is being read. As I mention every year, please help with your area's Senior Program. It is a great learning experience for everyone involved but it does take many people helping in all aspects of the training and evaluating. This year Leisa Garrett from Northwest Region will be helping Kathy Lee and me with the final evaluation process. One of us will be attending each final evaluation as usual. This is always something we really look forward to attending and of being a part.

At this point in time, we still do not know exactly when the Roll-out of the 6th Edition of the OEC textbook will occur. One way or another, the Division will be having a roll-out for the book and we are hoping to have a large number of instructors attending. A "guesstimate" date would be May or early June, but we do not have any dates that we can plan on yet. As soon as the text is completed, the OEC Supervisors from all Divisions will meet to develop a "roll-out" for all Divisions to use. We promise to share this date with everyone as soon as we know it. A new textbook is always a bit of a challenge, but it is definitely worth all the effort in order to keep our program current and top of the line in providing care for outdoor enthusiasts everywhere. We would like to discourage patrols from scheduling new OEC courses in May or June if they can possibly avoid it. The goal is to have all new training completed through the 6th edition of the OEC Textbook. This would hopefully avoid having to go back to our new candidates and train them with a different technique.

NSP has notified us that we have a new Education Programs Manager, Nodin de Saillan. Please remember, if you have any OEC issues that you require assistance with, please start with your Region OEC Advisor, and if more assistance is needed, contact me before contacting the NSP office. It is very important to follow this path. I am very easy to contact and can usually get back to you within a very short period of time. Thank you in advance for following this procedure.

Janie San Romani, 541-953-5373 cell
jsanromani@comcast.net



OR & Wy'East Region's OEC Midwinter clinic at Hoodoo Ski Area—January 2020
Photo by Laurie Coventry

National Ski Patrol System

ELECTIONS

By Shirley Cummings

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The required election materials (nomination, acceptance if elected, resume/position papers) were received by me by the February 15th deadline from Andy Bechdolt for the position of Oregon Region Director and from Michael James for the position of Northwest Region Director. Both candidates met the qualifications for Region Director per *PNWD Policies and Procedures* 2.1.2.1. No additional nominations for these region director positions were received from either region. Therefore, in keeping with PNWD policy in which a sole nominee is automatically elected to the position, there is no need for a ballot.

Congratulations to Andy Bechdolt, Oregon RD re-elect and to Michael James, Northwest RD re-elect.

Wy'East Region: The results of their election are unknown as of this writing.

Shirley Cummings
PNWD Elections Coordinator

Helpful Road & Weather Condition Links

Idaho <https://511.idaho.gov/>

Oregon <https://www.tripcheck.com/>

Washington <https://www.wsdot.com/traffic/>

SAFETY REPORT

By Jodie Jeffers, Safety Advisor

tailwaggin1@mac.com

Safety is ALL THE TIME!

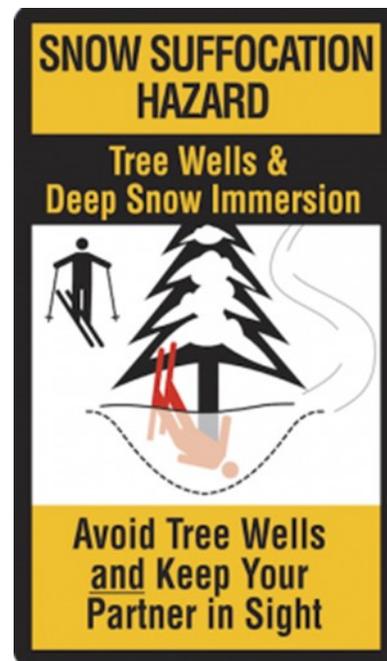
Safety Message: Just like the wide changes in weather, we need to be getting the word out so the public is constantly in the know. You may be having visitors from other areas in the US who have not been exposed to our wide terrain and varying snow, tree wells, avalanche information, etc. January was the month focusing on sharing the Safety message by NSAA. The hope is that you participated in the contests. We need to help make Safety a constant message to our areas, members, public, visitors and to our youth! What a better way to help the future by having them help us demonstrate and pass the word out in ways of which we may never have thought. Please share what your area/patrol has and will be doing, pictures too! What are your questions, wants, needs? Let me know and share.

Safety Kits: Those who are coordinating the kit disbursement to patrols and events, CONTACT ME please and/or send me your contact information. The NSP Safety Team members are wanting feedback on the contents, amount, designs, where and when you gave them out, how many people were at each event, etc.....WHY you ask? Good question. The data I bring back to NSP will help show and ensure that not only do we need more, but who the target audience is and how to improve it! Those that were involved, please make sure I get your email address for the survey to be sent to you. You will then be entered for swag donated by NSP. Also, please take Safety pictures in action and forward them to me, post them to your website, etc. In need of additional Safety Kits now? Wanting to stock up on some for the fall events? Contact me for details.

Social Media: The PNWD website is working on creating a Safety Page as well as focusing on using our PNWD Facebook & Instagram accounts to help spread awareness, news, etc. If you have thoughts or suggestions, let me know. I would like to link to your patrol & area so let me know that information. Bottom line, let's connect and spread the message to have LOTS of FUN by being Safe!

“I want to be involved more and/or find out more!” Excellent news! If you plan to contact your PD or your region advisor about your interest in participating, please include me in the loop. One step at a time building toward our awesome Safety Team for the PNWD!

Jodie Jeffers
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PNWD REGISTRAR REPORT

By Blaine Price, Registrar

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Registrations for PNWD patrols and their members are now complete, other than for expected spring new member Candidates and Transfers.

2019-20 counts are as follows:

PNWD Totals:	1,942 Returning
	39 Transfers
	<u>180 New Members</u>
	2,161 Total

Total Counts by Region:

IE Region	485
NW Region	767
OR Region	286
SI Region	384
W'E Region	236
<u>PNWD Admin</u>	<u>3</u>
	2,161

This compares to 2018-19 which was:

Returning	1,925
Transfers	28
New	<u>236</u>
Total	2,189

Given that New Members were down by 56, I'd anticipate more next year.

Dues collected will be reported later by Mark Timm, our PNWD Treasurer.

Efforts to educate PD/PRs and Registration Reps over the last three years has paid off in very good work by patrols in the registration process, with nearly all submitting Region and Division dues in a single batch. PNWD patrol leadership is to be congratulated on their work, and willingness to ask questions when they needed help. This is especially so as compared to the confusion a few years back when National changed their approach to handling registrations.

Although there were small issues and corrections when I audited submissions, they were very minor overall, and the amount of work tended to be much less for all than in prior years.

Next year National will open the registration process to the PD/PR to 'Form' their patrol on Sept 30. Assuming the PNWD continues as an Opt-Out division for dues collection, expect that I will request patrols to collect Region and Division dues earlier than in past years to avoid those late fees. Particularly since National Late Fees likely will start on Jan 15 instead of Feb 1.

Again if PNWD is Opt-Out, I suggest patrols collect Region and Division dues at OEC Refreshers rather than by mail to be timely. Another option is to request that patrollers pay patrol, region and division dues using Pay Pal. My patrol did this quite successfully this year enabling it to easily monitor payments for very timely collection. Pay Pal did add a \$1 fee which you need to consider, but the amount of work for the patrol treasurer was much less.

(continued p. 13)

PNWD REGISTRAR REPORT — CONTINUED

By *Blaine Price, Registrar*

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Also of note, I have been a member of a 'National Business Process Committee' subcommittee on 'Patrol Formation and Registration' for the last several months in an effort to identify related issues with the objective of substantially revamping and improving the registration and patrol formation process in the future. Stage 1 has been reported to the NSP Board, and Stage 2 of the process should start soon. Don't expect major changes for two or three years when the system is revamped, but be aware that improvements are in the works and some beneficial changes will likely occur sooner.

As always, if you have questions, don't hesitate to contact me.

Blaine Price
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206-954-4909 cell

ALUMNI ADVISOR

By *Josie Elting, Alumni Advisor*

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New Outstanding Alumni Award approved

The NSP recently approved a new award category for the National Outstanding Alumni. Hence, plan to nominate someone. Check with one of your award advisors for details and "get nominating"! The nomination form will be available on the NSP website under Member Services/Forms and Documents/Awards.

Did you miss out on your renewal date?

If so, here's how to do it...

Sign into your account on NSP.org. If you are a current member and having trouble signing in, please contact Member Services at memberservices@nsp.org.

Select "Hi, (Your Name)" at the upper right of the home page to access your Profile page.

Click on the large blue "Renew Now" button in the left sidebar and follow the instructions.

If the "Renew Now" button is gray, your account may be Inactive or Suspended. If so, please send an email to alumni@nsp.org for assistance.

Update your Profile, especially your current contact information.

On the "About Me" tab, select each section's down arrow on the right side and click the pencil icon to edit each section.

After updating your information, be sure to select "Save & Close" at the lower right for EACH section you edit.

National Board Member, NSP

By Liz Dodge

Lizpnwd@gmail.com

National Board Election ---

First, I want to thank all the PNWD members who took the time and voted in the fall 2019 National Board Election. PNWD members upped their game and 18.27 % of our members voted. That is much higher % than in recent years. You make me proud.

Second, thank you to all who supported me with your voice and vote and helped me get elected to the National Board. I have hit the ground running on projects and will do my best for the entire organization. Let me know what's on your mind.

Quite a few members have asked how the PNWD voter turnout this year compared to say last year and compared to the other divisions. So, the following shows those numbers. Sorry I do not have the numbers down to the patrol level. The Division Directors have requested that but as of now that data has not been made available.

The results – The following was published by the NSP but in case you never heard.

Candidate	Vote Totals	% of Votes
Liz Dodge *	2654	21.49%
Paul Kelly *	2370	19.19%
Marc Abend *	1774	14.36%
Jay Zedak *	1341	10.86%
Donna Gardino	1287	10.42%
Christine Garrison	951	7.70%
John Morelli	794	6.43%
Chris Huskinson	459	3.72%
Howard Bates	421	3.41%
Aaron Yates	299	2.42%

Numbers for each Region within PNWD. 2019 and 2018 for comparison. This includes our Alumni members. By % all regions increased voter turnout.

Region	Total Voters on List (includes Alumni)	# Bal-lots Cast	% vot-ed 2019	% vot-ed 2018
701 - Northwest	1028	246	23.93%	6.59%
702 - Wy'East	326	65	19.94%	10.09%
703 - Inland Empire	600	77	12.83%	6.36%
704 – Oregon	425	67	15.76%	5.90%
705 - Southern Idaho	453	61	13.47%	7.51%
900 - Admin/Alumni	9	3	33.33%	9.09%
Total for Division	2841	519	18.27%	7.03%

Professional Division - Pacific NW Region	Total Voters on List	# Bal-lots Cast	% vot-ed 2019	% vot-ed 2018
Pacific NW -	310	20	6.45%	2.11%

(continued p. 15)

NATIONAL BOARD MEMBER, NSP — continued

Organization Wide – by Division 2019 and 2018 for comparison. Overall voter turnout by % was down.
+ indicates the # of candidates on the ballot from that division

Division	Total Voters on List	# Ballots cast	% voted 2019	% voted 2018
Alaska +	354	57	16.10%	4.97%
Central ++	6503	752	11.56%	17.41%
Eastern +	8448	1905	22.55%	30.28%
International	173	24	13.87%	7.47%
Far West +	2006	121	6.03%	6.39%
Intermountain +	1075	52	4.84%	15.62%
Northern	623	60	9.63%	14.79%
Pacific Northwest +	2841	519	18.27%	7.03%
Professional + (eastern)	3827	199	5.20%	3.92%
Rocky Mountain ++	1488	133	8.94%	9.39%
Southern	1344	193	14.36%	37.52%
US Ski Patrol	1	1	100.00%	100.00%
Unidentified	0	0	0.00%	5.36%
Total	29175	4024	13.79%	17.51%

The 2020 Board of Directors

Name	Division	1 st or 2 nd term	End of Term 12/31
Aarino, Wendy	Eastern	1 st	2020
Abend, Marc	Pro - Eastern	1 st	2022
Armstrong, Morgan	Southern	2 nd	2020
Dodge, Liz	Pacific NW	1 st	2022
Kelly, Paul	Eastern	1 st	2022
Knight, Rick	Eastern	2 nd	2020
Kramer, Ken	Rocky Mt	2 nd	2020
Pringle, Chris (Asst National Chair)	Eastern	2 nd	2020
Rull, Brian (National Chair)	Central	2 nd	2021
Scarlett, Bob	Eastern	1 st	2021
Stone, Julie	Central	1 st	2021
Yercheck, Richard	Southern	1 st	2021
Zedak, Jay	Central	2 nd	2022

(continued p. 16)

NATIONAL BOARD MEMBER, NSP — continued

News / Projects ongoing

The national board and national level of the organization is working on a number of projects and I will try to keep the PNWD members apprised of decisions and outcomes as completed and ready for publication. Some current happenings/projects include:

New awards in the works – National Outstanding Paid Patrol Director, National Outstanding Alumni, National Outstanding Bike Patroller, National Outstanding Bike Patrol. More information will be available as the details on criteria etc. becomes fully developed and available. Peter Schwartz from PNWD is doing a great job both locally and with his national level awards committee work.

ICS100 - The requirement for completion of the FEMA ICS100 course stands and members who have not yet completed this, need to get it done.

The reduced price for the OEC Modified Challenge is no-longer available. Effective 1/1/2020 the price is \$60, the same as any OEC Full course or Challenge.

OEC 6 – The OEC 6 textbook is still on track for completion and publication in May 2020, with ancillary materials following shortly thereafter. All should be ready for the summer 2020 OEC courses. Next falls refresher will most likely look a bit different than in the past as we all will be transitioning into OEC 6.

The 'Introduction to Ski Patrolling' course revision/update is close to being ready for publication.

The Business Process Committee worked hard this past fall and collected a large amount of information. This information is now being reviewed and initiatives will likely follow.

The national office is busy making some changes to the website and data management system. They are tweaking reports and processes to make things go more smoothly. I believe that some of these changes will be related to the Educational course records processing. From what I've heard our instructors should be very happy.

The 'List of Needs' for the candidates for the 2020 NBOD election is being finalized and will be published with the call for candidates in early April. We will be electing 5 board members.

It is important to the organizations demographics and programs that we have complete and accurate information in the database. To that end, it is important and very helpful if every member makes sure that their contact and demographic information is complete and accurate. Please make sure your birthdate (mm/yy) and gender are in the system.

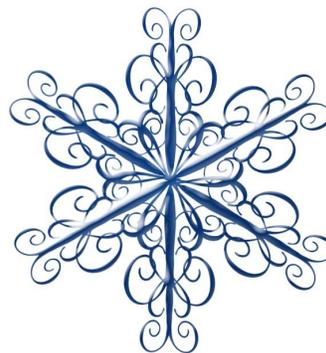
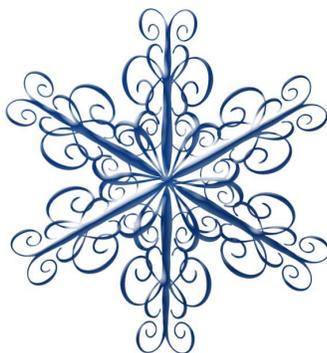
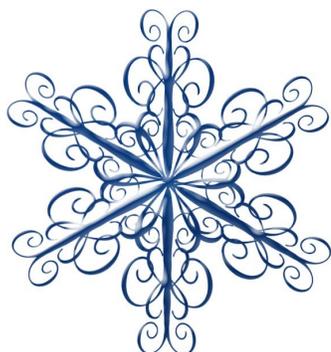
As always if there are things that you would like to know about or you have suggestions on how we can make the NSP a stronger organization, please do not hesitate to give me a shout.

Use Shelley our PNW Division Director for your specific profile or process questions, or things internal to PNWD. She has also hit the ground running and is representing the PNWD very well.

Stay safe, enjoy the winter weather and snow.

Yours in service,

Liz Dodge, National Board Member, NSP Lizpnwd@gmail.com



AWARDS

By Peter Schwartz, Awards Advisor

peteskiis@aol.com

Exciting news! NSP Awards are evolving and transforming. With NSP Board approval, the National Awards Committee has made significant changes to the NSP Outstanding Awards, which are outlined below:

1. The Outstanding Awards have been expanded to include Outstanding Bike Patroller, Outstanding Alumni, and Outstanding Paid Patrol Director.
2. The Outstanding Patroller form has been significantly modified to include new sections for describing the roles of instructors, leadership, and leadership for Outstanding Patrol Representative/Paid Patrol Director.
3. The instructions on both the Outstanding Patroller and Outstanding Patrol Representative/Paid Patrol Director forms have changed to reflect the new structure of the forms.
4. The scoring matrix in the NSP Policies and Procedures that is used to evaluate all NSP Outstanding awards has changed with new classifications added and the points re-distributed to reflect the categories on the forms and emphasis on the categories re-allocated.

These changes were made to make the Outstanding awards forms and corresponding scoring matrix to be more reflective of truly extraordinary service and positive impact to the NSP for each award type.

All patrol awards representatives, Region Awards Advisors, PNWD Awards Evaluators, and PNWD National Awards Evaluators need to review and use the new forms that are currently published on the NSP website, and utilize the new scoring matrix when it is published in the NSP Policies and Procedures in the near future. I am available to help anyone with clarifying support at any time, so please contact me with any questions.

Now that we are in the heart of the ski season, it's time to write the nominations for all awards on your patrol including Outstanding awards (patrollers, instructors, volunteer patrol representatives and paid patrol directors, alumni, young adult patrollers), Merit Stars (purple, blue, green, yellow), National Appointments and Leadership Commendation Appointments, Meritorious Service awards, Distinguished Service Awards, Hall of Fame nominations, Minnie Dole nominations, and more. Hopefully, each patrol in the PNW Division will nominate a NSP member for each Outstanding Award this year so that each Region will select the Outstanding Award nominee for every Outstanding Award category to nominate to the PNW Division!

Please remember that the deadline for each Region to nominate Outstanding awards to the PNW Division is June 15th. With the changes listed above to the Outstanding awards forms and related scoring matrix, drafting and re-drafting such awards may be needed, so please plan accordingly. Please also remember that it takes approximately 45 days for the PNW Division to process all other NSP awards before approved awards are sent by NSP.

We are also asking that all awards be submitted electronically using the following format:

1. The signature page for each award nomination needs to be submitted with all scanned signatures in PDF file format.
2. The respective award form with the information content completed needs to be submitted using Microsoft Word.

Electronically submitted forms can be processed efficiently and as promptly as possible!

Each patrol submitting NSP Awards nominations needs to submit such awards to the respective Region Awards Advisor. Please submit accurate award nominations that are exceptional and extraordinary for each award category. I am available to support the awards nomination process. Writing awards takes some time, but are so important to recognizing and appreciating patrollers efforts and results, while bonding the patrol together around celebrating the successes of the people who have the heart of an NSP patroller!

Best regards,
Peter Schwartz
PNWD Awards Advisor
Phone: 206-310-6529
Email: peteskiis@aol.com

OET/TRANSPORTATION

By Jack Ramsey, Transportation Advisor

ramjax@icloud.com

Winter weather was late in arriving and seems to be having a hard time deciding what it wants to do. This has created some great snow and some poor snow throughout the division. It has also created some hazardous snow conditions in the back-country, side-country and in a few resorts in-area runs. Service and Safety is our prime directive. We all work very hard to mitigate the risks of skiing, but skiing is an inherently dangerous activity. Now, before this starts to ramble into a snow safety report, I am going to limit it to the OET report it should be.

I often joke around with the OEC folks about taking that whole life and death thing sooooo seriously. The fact is, with certain notable exceptions, a runaway toboggan can be far more catastrophic than poor first aid. When we are performing our OEC duties we often (not always) have help and communication with and from others. When you are running a toboggan, it's on you and your partner. There is little time for mistakes and even less chance for recovery. For this reason I have been spending some time working on what I call a safety matrix for toboggan training. I am no safety expert, but I have written this kind of thing for my paying job in the mining industry. The Mine Safety and Health Administration (MSHA), believes every accident is preventable. There is a sequence of events that lead to every accident and if that sequence can be broken, the accident will not happen. Identifying every potential hazard for every operation conducted on a mine site is to say the least daunting even though many mine site operations are repetitive. Identifying every potential hazard at a ski resort may be impossible, but I think it is important that we attempt to do so if even in a limited way. I didn't take it to the level of my MSHA documents with things like identifying exposure to changes in the outdoor environment, but it's close. For example:

1. Exposure to weather changes.
 - 1.1. Trainees may be exposed to changes in the weather when training to operate rescue toboggans.
 - 1.1.1. Cold weather
 - 1.1.1.1. Put a coat on.
 - 1.1.2. Warm weather
 - 1.1.2.1. Take a coat off.

I would hope we have enough common sense and outdoor experience to negate the need for this detail of hazard avoidance.

I have started by identifying as many of the potential hazards of toboggan training as I could. I got some ideas from others and those led to more ideas and some time in my next life this will resemble the OEC Manual. I then further defined these hazards and possible solutions to avoid them. At this point it is in outline form and that may never change. I would like to use this as a discussion point for a breakout session at the Division Conference. So if you are interested, let me know.

In our safety matrix, we should address things like:

1. Weather Conditions
 - 1.1. Snowing
 - 1.1.1. Visibility Challenges
 - 1.1.1.1. Appropriate eye wear and lenses for the conditions
 - 1.1.2. Hypothermia concerns especially for those riding in the toboggan
 - 1.1.2.1. Appropriate clothing consisting of effective layering so that thermal comfort can be adjusted by adding or removing layers.
 - 1.2. Wind
 - Audial challenges
 - 1.2.1.1. Wind noise can make it difficult to communicate effectively between front and rear operator
 - 1.2.1.1.1. Visual clues can alert the rear operator that a direction change is about to happen
 - 1.2.1.1.1.1. The rear operator can give a short sharp pull to let the front know their direction change has occurred
 - 1.2.1.1.1.2. The front operator may have to glance over their shoulder to confirm the direction change has occurred
 - 1.2.1.2. Hypothermia concerns especially for those riding in the toboggan
 - 1.2.1.2.1. Appropriate clothing consisting of effective layering so that thermal comfort can be adjusted by adding or removing layers. (continued p. 19)

OET/TRANSPORTATION –continued

By Jack Ramsey, Transportation Advisor

ramjax@icloud.com

- 1.3. Rain
 - 1.3.1. Creates slush (see slush above)
 - 1.3.2. It just plain sucks.
- 1.4. Sun
 - 1.4.1. Eye Protection
 - 1.4.2. Skin protection
 - 1.4.2.1.1 Sunscreen, hat or helmet, buff or other protective wear must be carried/worn by all involved with the training
 - 1.4.3. Dehydration
 - 1.4.3.1. Drink plenty of fluids
 - 1.4.3.1.1. Remember cold dry air can cause dehydration as well as a warm day.
- 1.5. Fog
 - 1.5.1. Visibility and orientation on the mountain
 - 1.5.1.1. Use tree lines and/or sparse trees to provide more contrast and frame of reference
 - 1.5.1.2. Proper eyewear can make a difference in foggy conditions.

This is just one of the six headings I have down so far. This document is now a part of our daily lesson plan and is discussed at the beginning and during each day with everyone involved in the training.

Lesson plan? Yes, you should have a lesson plan for every course you register. Yes, even if you've taught the course a hundred times before. If it is a multiple day course, I recommend a daily lesson plan. It doesn't need to be carved in stone, but it should include the basics:

- What will be covered
- Why you are covering it now
 - Where the instruction will take place
 - What you hope to achieve
 - The tools you will be using, ie. descriptions, drills, and demonstrations.

We must also provide feedback and monitor individual student progression. In the case of multi-week courses with different instructors, I recommend a checklist for each step in the teaching/learning progression. At the end of each day, the instructor can check off the students to let the next instructor know where they are in the progression.

These are just a few of the things we should be using in all of our training programs. It may seem like a lot of work, but much of the work has already been done. If you are an instructor, there are many resources available under the Instructor Resources button on the NSP website.

I know everyone is working hard on completing toboggan refreshers and training for Seniors. If you have finished, please get those courses closed. When you do close your course, make sure everyone who has completed the course has also signed up for the course and that everyone who signed up for the course has completed the course. Don't forget the instructors who helped teach the course. Give them credit in the appropriate box when you register or close the course. I would also recommend sending a copy of the course enrollment and a screen shot of the changes made on the course closure page to the Instructor Trainer. This will make it easier for them to sign off on the course closure email that will come from National. (continued page 20)

OET/TRANSPORTATION –continued

By Jack Ramsey, Transportation Advisor

ramjax@icloud.com

There is a plethora of events coming up, including:

Oregon Nuts and Bolts Clinic on February 22-23 at Mt. Bachelor

Southern Idaho Senior Final on February 22-23 at Bogus Basin

The Advanced Terrain Clinic February 29 and March 1 at Crystal Mountain. If you don't attend this year, you will be 2 years older when you do!

Inland Empire Senior Finals March 7-8 at Lookout Pass

Northwest Senior Finals March 28-29 at Crystal Mountain

Nuts and Bolts Clinic June 4-6 at Timberline. If you don't attend this year you will only be one year older when you do!

I am looking forward to seeing everyone at a clinic soon, or perhaps the Division Convention?

Thank you all for all you do,

Jack Ramsey

PNW Division OET Supervisor

HISTORY

By Shirley Cummings

shirleycu@msn.com

Later Toboggans—West Coast Innovations Shirley Cummings, Historian

Compared to what we use today, the early rescue toboggans were somewhat primitive (pictures in last Nor'Wester). Many patrols/patrollers are said to have "invented" the toboggan. Many different patrollers are credited with different features, but the provenance of the equipment is impossible to validate for sure.

Before the early-mid sixties, toboggans were mostly made from the same type of hickory wood used for recreational toboggans. Originally the akias (AKA ackja, akija, akja) were imported from Austria. Patrollers rode directly on the wooden platforms, at least until Nelson Bennett, Sun Valley Ski Patrol (Idaho) invented the **Sun Valley Sled** in the late forties. His design attached long handles to the toboggan front. Bennett's innovation used a "stokes liter" fastened to the wood platform which held passengers more securely and comfortably. He made some 'fins' out of an old mattress frame he found at the garbage dump; the "fins" greatly improved operator control. Bennett also installed a chain under the sled's nose which slowed the sled down when the front operator pushed down on the handles. Many of us trained on this early type of akia sled. If your patrol still has one, save it, it is a gem from the past!

In 1962 when Crystal Mountain (Washington) opened, it became apparent that a wooden sled, with or without a litter attached would not be suitable for some of the Crystal terrain. Paul Talbot, Crystal Mountain patrol director was determined to adapt patrol sleds for Crystal's steeper, more hazardous terrain. He commissioned the Clark Boat Company to create a four-handle boat type sled using mostly marine materials which came to be known as the "**Crystal Sled**".

At about this same time, Vic Bradley, a volunteer patroller at Stevens Pass, (Washington) developed the first all-fiberglass toboggan. Some of the best features of that toboggan were that the handles could be folded down and locked or locked as rigid straight handles in place. This sled was tested at Stevens Pass and a patent for the design was acquired; the **Cascade Toboggan** was born and soon became the industry standard. Throughout the years further improvements were made. The Cascade 100 had handles in the front and a tail rope in the back. The Cascade 350 is the most common of toboggans and most resorts have those on their hills today. The Cascade 350 can be found in 23 countries and at every ski resort in the USA.

The West Coast inventors may not have been in on the design of the very early toboggans created on the East Coast, but West Coast innovators have definitely made up for it by making continued improvements on a good thing and eventually setting the industry standard.

AVALANCHE REPORT

By Brad Acker, Avalanche Advisor

ackerbrad@hotmail.com

“Stay safe out there”, that phrase has been on the top of my mind all winter and not much has happened to keep it from slipping out of my mind. Inbound avalanches, snow immersion suffocation (SIS) and safety of students in our avalanche classes have been my prime concerns.

So far this winter the PNW Division has conducted nine level one avalanche classes and three level two classes. To the best of my knowledge no major injuries have resulted, and I’m very thankful for that. Instructors, keep up the good (and safe) work.

In early February, I was at Brundage Mountain Resort during a storm cycle in which they received 39 inches of snow containing 3.25 inch of water. That’s a large load on the snowpack. The avalanche danger was high, but so was the SIS danger. I personally witnessed a patroller saving a classmate from a tree well. I watched from a perspective lower on the slope. I was very thankful my classmates were looking out for each other. I also got word from the general public of two other partner rescues due to tree wells. Situational awareness and keeping tabs on your partners is even more important during big snow events. Make sure to carry a whistle, and make sure it’s accessible. I recently just moved my whistle from my ski bibs to my jacket. My rationale in choosing my ski bibs was that I always wear those bibs but I have several jackets. Well, now I’ll also have several whistles.

Alpine Meadows, Steamboat Springs, Copper Mountain, and Silver Mountain Resort all have had inbounds, open terrain slides. (That might not even be an exhaustive list.) I’m specifically thinking about the canyon and inter-lodge travel closures in Little Cottonwood Canyon, UT. I saw a video of an avalanche running out in the Alta parking lot. At Steamboat Springs and Copper Mountain several riders were caught with no major injuries. Alpine Meadows sustained one death with two people caught in terrain that was opened after mitigation work. The incident much closer to home both figuratively and literally was at Silver Mountain Resort in Kellogg, ID. Seven people were caught and three lost their lives. I have not seen any official information on the number of people helping in the recovery, but from reviewing photos and video it could have been as many as 100. From speaking with a patroller who was involved, many spontaneous rescuers had formal avalanche education, many through the NSP system.

At resorts with significant avalanche terrain, I’ve seen an increase of people carrying a beacon, shovel and probe. While our best wishes go out to the friends and family members of the victims, we need to make sure the rescuers are also cared for. Emotional first aid is every bit as important as a cravat or splint. The timeline may be different, but we can’t forget or neglect the needs of those left to pick up the pieces. In the heat of the operation we are all doing our best and our minds are occupied with the task at hand.

What happens when we go home? One, two, three days later? One month later? One year later? Those involved will all be impacted in their own ways, but one thing is for sure: all of them will need to process their unique thoughts and feelings. Unfortunately, whether it’s just sharing with a friend or seeking professional help, the initiation is often left up to the people impacted. While it is up to each individual to decide if they want to talk about what they are going through, I hope they all know and are being exposed (in this case via the patrol) to good friends, partners or professional resources to help them process their feelings. I’m not sure what the incident command system says about this, but the impacts of the incident do not end when all resources have left the field. I would encourage all of you to ask questions about what your patrol is doing about emotional first aid, and stay safe out there.



MTR Report

By Dick Willy, MTR Advisor

rdwmcw@comcast.net

Our season is well underway. We have 5 Mountain Travel & Rescue (MTR) Level 1 courses registered in the division, and 2 Level 2 courses. A summary is below. If you have patrollers interested, please have them contact the listed IOR directly for availability and details.

Dick Willy, MTR Supervisor

Course Title	Course Number	Instructor Name	Instructor Email	Begin Date	End Date	Patrol/ Host Unit/ Affiliate	Location
MTR 1	P024190020	Matt Strauser	syntereo@gmail.com	12/2/2019	5/29/2020	Santiam Pass	Santiam Pass OR
MTR 2	P024190021	Matt Strauser	syntereo@gmail.com	12/2/2019	5/29/2020	Santiam Pass	Santiam Pass OR
MTR 1	P035200001	Laurie Monico	lauriemonico@gmail.com	2/18/2020	4/12/2020	Willamette Pass	Eugene, Oregon
MTR 1	P048200003	Mark Langley	langleybackcountry@gmail.com	2/1/2020	3/29/2020	Cascade Backcountry Ski Patrol	Seattle, WA
MTR 1	P055200001	Steven D. Potter	spotter67@frontier.com	3/18/2020	4/30/2020	Mt Hood Nordic	Portland Or
MTR 2	P055200002	Steven D. Potter	spotter67@frontier.com	3/1/2020	4/30/2020	Mt Hood Nordic	Portland Or
MTR 1	P059200001	Joe Mabbutt	joemabbutt@cableone.net	1/10/2020	3/27/2020	705 Back-country Ski Patrol	Soldier Mountain

PATROLLER ADVISOR

By Jodie Jeffers, Patroller Advisor

tailwaggin1@mac.com

Thank-you to those reaching out and working with their PD's to becoming their Patroller (aka Auxillary) and/or region representative! This truly helps getting that communication back and forth and is so much more effective. Questions about the position, needs, wants, future help, please let me know. You also will assist in promoting and assisting others about the NSP revised Senior Aid Module.

Speaking of the Senior Aid Module, I had the honor and pleasure to be the IT for the Wy'East Region as they conducted their 2nd very successful course with all eight candidates receiving their certificates! Kudos to all. Want to learn more? Please contact Kathy Lee (IOR) or myself for questions.

Thank you
Jodie Jeffers
PNWD Patroller/Safety Advisor
jodie.jeffers@nsp-pnwd.org
tailwaggin@gmail.com

WOMEN'S PROGRAM

By Sally Seelye, Womens Program Advisor

sallyseelye@gmail.com

The Women's Program for the PNWD continues to evolve. I'm still in the process of finding a liaison from each ski area. This hasn't been as easy as anticipated. If you are interested—and/or know someone who is—please let me know. Let's talk about growing this program through events and awareness, as well as growing us as a community of like-minded women. It's up to all of us to make this what we want and/or need it to be.



In January Crystal Mtn had their SafetyFest event. The Women's Program got to share a tent with NWAC (Northwest Avalanche Center) and talk to over 200 public about deep snow safety. (This photo was taken during setup and doesn't show the actual display.) The banner attracted quite a bit of attention and several inquiries were made as to how to join a local patrol and what all it entails. Follow-up has been great and will hopefully add new patrollers to our roster.

Speaking of rosters—have you filled out the gender field in your NSP profile? It's actually useful information. This field helps track our progress in attracting and retaining our female patrollers.

*** Watch for an upcoming email survey from Patagonia in reference to the need for women-specific clothing. This has been a long time coming and your response(s) will help Patagonia determine what their approach will be.***

Also watch for more information on this year's Nuts & Bolts Clinic at Timberline. Rumor has it Tanya Thomas, the National NSP Women's Program Adviser, will be there to run some women-specific classes.

"The NSP Women's Program mission is to empower patrollers by advancing skills and developing leadership in a women-focused program."

NORDIC NEWS

By Guest Contributor, Anne Greenwood

An interesting search and rescue of an out of bounds alpine skier occurred a few weekends ago at Hoodoo Ski Area. Our ski patrol Nordic team members were sure glad we had done a lot of training using Terrain Navigator Pro AND, more importantly, how to teach people to use their phones (both iPhone and android types) with what apps may have come on their phone to provide coordinates of their location.

The twist in this search was that we had to work with them in Chinese, converting and teaching a limited English speaking reporting party (RP) how to find the compass app on her phone so she could teach her lost friend in Chinese how to locate his compass app, then change the lost person's phone setting to English so when he transmitted his location, it came in a form that we could enter into the Terrain Navigator Pro Program. Before getting those changes made, the challenge was that the shared location displayed in Chinese characters not Arabic numerals.

Once the lost person's location was mapped, the search and subsequent rescue was quick to resolve. Thank goodness for all the great training we all receive as National Ski Patrollers.

After working with the RP, it really became apparent that cell phones are in and of themselves, in many ways, a universal communications medium.

Lost skier's snowman made while waiting for patrollers to arrive. Photo taken by the lost skier. 2/1/2020





2020 IN FOCUS PNWD CONVENTION

Seattle, WA
August 7-9, 2020

Convention Registration

Checks Payable To: **NW Region**

ONE FORM PER PATROLLER

Send form and payment to:³
PNWD 2020 Convention
c/o Liz Rooney
12703 NE 200th Place
Bothell, WA 98011

Hotel Reservations

DoubleTree Suites by Hilton,
Seattle Airport/Southcenter
16500 Southcenter, Parkway
Seattle, WA 98188
206-575-8220

Ask for: PNW Division National Ski Patrol Assoc.

Cutoff Date: Thursday, July 23rd, 2020
Room Rates: 1-2 people @ \$159/night
3 people @ \$169/night
4 people @ \$179/night

Online reservations: <https://tinyurl.com/PNWD2020>
Any reservations canceled within 48 hours of Arrival will be charged one night's room and tax.

Name _____ Patrol _____
NSP # _____ Region _____
National/LCA Appt. Number _____ Office/Title/Level _____
Address _____ E-Mail _____
_____ Phone _____
Spouse/Guest _____

	Quantity	Cost	Amount
First time patroller attending convention	_____	\$ 29.00	_____
Regular – through 07/15/20	_____	\$ 59.00	_____
Late Registration¹ – after 07/15/20	_____	\$ 79.00	_____
Friday Dinner	_____	\$ 29.00 per person	_____
Saturday Breakfast ²	_____	\$ 21.00 per person	_____
Saturday Lunch	_____	\$ 24.00 per person	_____
Saturday Banquet: choose 1 entrée/person	_____	\$ 40.00 per person	_____
Vegetable Wellington _____ Garlic Roasted Breast of Chicken _____ Basil Pesto Crusted Seared Salmon _____			
Sunday Breakfast ²	_____	\$ 21.00 per person	_____
		Total	_____

Other: See convention website www.pnwdcon.org or information in *Nor'Wester* for Fri. activities & Sat. sessions.

Golf Tournament– Friday morning tee time starts at 7:30am	yes/no _____
Boeing Tour – Friday	yes/no _____
K2 Tour – Friday	yes/no _____
Patrol Director Training (PD 101) – Friday Morning	yes/no _____
OEC 6 Update – Friday Morning	yes/no _____

There will be morning meetings for Program Advisors on Saturday then Patrol Directors on Sunday, during breakfast.

Payment: **Check #** _____ **Credit Card (Do Not Email Credit Card Info³)**

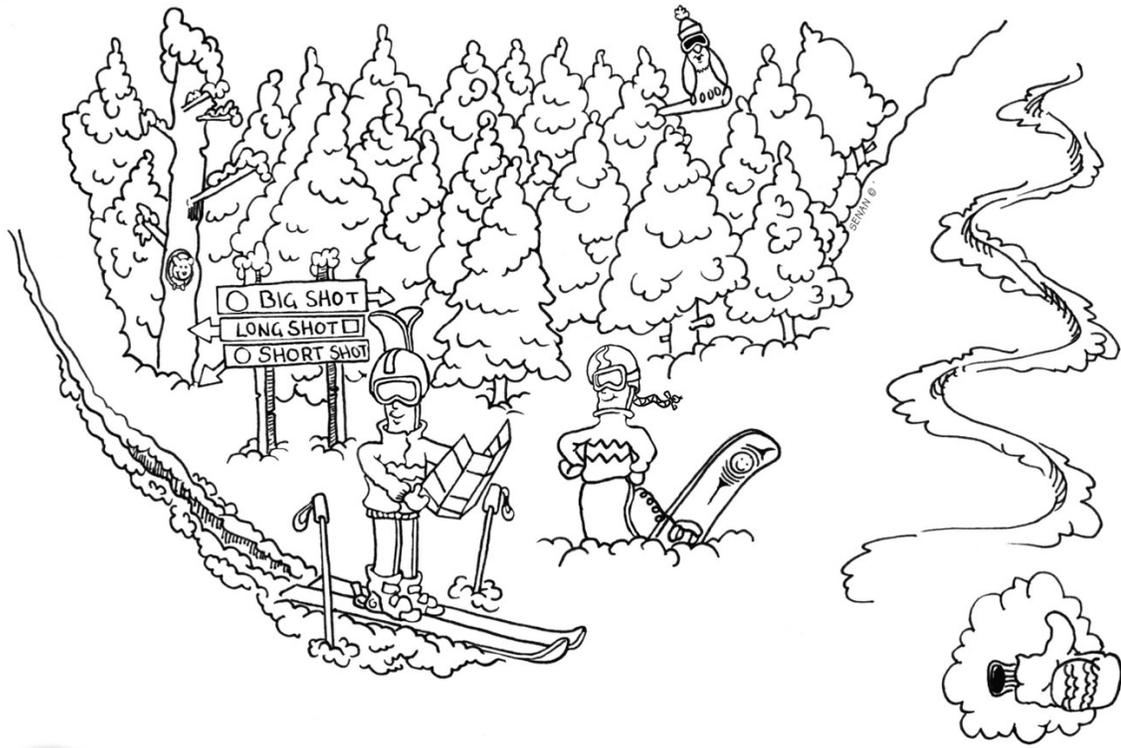
Card Type: _____ Acct # _____

Exp Date: _____ 3 Digit Security (CVV) Code # _____

Credit Card Billing Zip Code: _____ Card Holder Name (Print): _____

Signature: _____

¹Meals are not guaranteed for late registrants.
²If you are a hotel guest, breakfast is included.
³Forms and credit card payments can also be accepted electronically. Send inquires to Liz Rooney, prooney@hotmail.com.



www.nsp-pnwd.org

3 Stop in a safe place for you and others.



www.nsp-pnwd.org

4 When starting downhill or merging, look uphill and yield.



Sunrise at a
PNWD ski area.
12/28/2019
Photos by Bill Freund



One of the many reasons
we ski patrol—beauty
everywhere

SKI PATROL UNSCRAMBLE



NZORFE

— — — — —

KELAF

— — — — —

PLESO

— — — — —

THEIRW

— — — — —

LYIHLC

— — — — —

Unscramble the words above, use the letters underscored in **red** to complete the following phrase.

As the early ski season begins, ski patrollers

— — — — —



**THE NOR'WESTER
PACIFIC NORTHWEST DIVISION,
NATIONAL SKI PATROL
960 SUNMIST CT SE
SALEM, OR 97306**

NON-PROFIT ORG.
U.S. POSTAGE
PAID
PERMIT NO.
700
Portland, OR

The National Ski Patrol (NSP) is a Federally Chartered non-profit membership association dedicated to serving the public and the mountain recreation industry by providing education services about emergency care and safety.

NSP also reaches members through nationally funded education materials and programs, division newsletters, and local clinics. Through its divisions, NSP conducts training events to supplement training provided by the ski areas. This cooperative effort ensures that members are serving the needs of area management while staying in tune with a nationally standardized system.

Vision Statement: The Pacific Northwest Division is the foremost ski patroller association comprised of volunteer and paid patrollers in the host ski areas, dedicated to maintaining performance standards in the ski patrol environment. The main purpose of the ski patroller is to deliver up-dated first aid and rescue services to the skiing and outdoor-recreation public. The Pacific Northwest Division is an integral part of the National Ski Patrol Systems, Inc.



www.nsp.org

www.nsp-pnwd.org

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Article deadline for the next Nor'Wester is May 15, 2020