



# NOR'WESTER

PACIFIC NORTHWEST DIVISION—NATIONAL SKI PATROL

December 2017

## DIVISION DIRECTOR REPORT

By Liz Dodge, PNWD Director

[lizpnwd@gmail.com](mailto:lizpnwd@gmail.com)

Winter is here and ski areas within PNWD are opening with some great skiing. During this season we will all have many opportunities to interact with the snow sports community - providing educational and safety messages, helping lost, stuck, or injured guests - making a bad day a bit better, and simply being a friendly and trusted professional at the ski area. At the same time we get to ski and be in the beauty of the winter outdoors. For the volunteer or paid patroller, it is one of the best jobs a person can have.

Make sure your refreshers are completed and your dues are paid on time. If you are not returning as a patroller this season consider maintaining your NSP membership as an Alumni.

Some things to think about and remember this season.

- We are members of the NSP but we work (volunteer or paid) for a ski area.
- The NSP provides educational programs, opportunities, and materials, all with policies, procedures and standards. The ski area management sets the policies and local protocols which determine how and what we do for that particular resort. Through this combined relationship everyone benefits.
- When doing your post incident paperwork, remember if you didn't write it down, it didn't happen. Make sure your records show a clear and concise 'picture' of what the incident and your involvement.
- Keep your transceiver batteries fresh, and your skills refreshed. There is a lot of snow out there and we don't want to lose any of you.
- A word on risk. Make sure you know what your ski area's policy is on taking photographs and videos of incidents, training activities, social gatherings, etc... and if they have a policy on what one can do or cannot do with them. For example, we never post the photo of an incident or an injured guest. Some areas also feel that there are inherent risks of liability in the posting of, for example, toboggan running videos on YouTube. Why? If there are three videos out there that all state 'the correct way to run a sled' and they are different; there can be an issue when/if (heaven forbid) there is a legal case where running is part of the incident. This speaks to standardization; did the patrollers in this case run the sled using the standardized and appropriate techniques? Which of the posted videos all stating that they are 'the correct way' is really the correct way? I won't give you an opinion on this but suggest that you know your areas policy and think twice about posting photos or videos on social media sites. Remember just about everything is discoverable these days when it comes to legal matters. When in doubt, ask or just don't post it.



Do not abuse your NSP benefits such as pro deals. These are for you the patroller not for your friends or family unless expressly authorized by the sponsor. Misuse or abuse will not be tolerated and appropriate action will be taken for those who abuse the benefits. Consequences might include

- You being banned from prodeals
- You being removed from the organization, and (continued on next page)

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c) the entire organization losing the ability to have pro deals or corporate sponsorships. Please don't mess this up for all of us, be respectful and appropriate.

If you have a problem with the NSP website, your records, etc... please do not call the national office. With 28,000 members you can only imagine that the office staff is very busy. Most questions can be resolved by contacting your PD/PR, a region or division program administrator or line officer. Let us help you first.

If you must contact the national office, please be nice. Do not yell at or otherwise abuse the staff either on the phone or by email. We are all members of the same team, so work together, and respect each other.

## PNWD Position Changes

- Awards Advisor - Peter Schwartz is now fully on board in this/his new position
- Convention Coordinator – Reba Sharp is now fully in charge as our convention coordinator.
- Senior Program Advisor – Nicole (Dodge) Seager
- Webmaster & Facebook - Richard Murphy (Murph) is joining the Webmaster Team
- We also have had a few of Patrol Director/Reps changes in the last month. These include:
  - ◊ Cascade Backcountry – Steve Sherotsky
  - ◊ Bogus Basin Pro – John Postlewaite
  - ◊ 705 Backcountry – Steven Meyer
  - ◊ Magic Mt – Ken Wiesmore

## NSP National Level Changes

- 2017 National board election of new members for the National Board of Directors, By the time you read this the election will likely be over. I hope you became informed and voted. Thank you to those who participated.
- Program Directors/Advisors
  - Legal – Kevin McQuillan from the Central division has stepped into this advisorship
  - Women's Program – Tanya Thomas from the Southern division is stepping into this advisorship
  - Telecommunications – search committee is working on this one
  - Historian – search committee is working on this one
  - Awards – search committee is working on this one
- NSP IT System updates: The system is in continual change, and looks to be getting better all the time. Sure, not everyone likes how things look or work but it is what it is and we need to make the best of it and continue to report issues so they can be addressed; or submit your system dreams so that those can be considered as well.
- Member Profiles - PLEASE – check your profile and make sure that your personal/demographic information is correct and current. This includes the spelling of your name, your address, phone, email, and even gender and birthdate. So, you say, why does the NSP need to know my gender or birthdate? That's easy. As examples
  - 1) we have a 'women's program' – it would help to know who the women are.
  - 2) we have a YAP (Young Adult) program – it would be helpful to know who the 15-18-year-old members are.
  - 3) you've likely heard that we are an aging population as patrollers, well those with birthdates indicating that they are over 120 years old and are still on the hill patrolling don't help that statistic very much; likewise, for those that per their birthdate are actively patrolling at 3 years old.

When you go into your profile there are also fields where you can input things like if you are an MD, DO, EMT, RN, etc... these items are not mandatory, but they are great to know if there is a project such as the upcoming OEC 6 text, where the organization might be interested in finding someone interested in helping review a chapter or the like. So please be willing to share your information and talents.

While in your profile, if you see something that you don't think is correct or is missing (education program credit), don't just gripe about it, let your Patrol Rep know and provide some backup documentation, and he/she can try to get the information updated. Oh, and be honest if you see something on your profile such as a class or award that should not be there because you did not earn it, speak up and we can get it removed. Each of us needs to take some responsibility for our own records.

Your questions, concerns, or ideas about anything related to this division or the NSP in general are important to me. Please contact me so we can discuss them. Email at LizPNWD@gmail.com or phone at 206-300-7711 and let's work together. Collaborative Teamwork is essential to the organization at all levels. The skills, energy, and enthusiasm that all of us bring to the organization are what make it fun and rewarding to be a ski patroller.

## DIVISION DIRECTOR CONTINUED From Page 2

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T.E.A.M. - Together Everyone Accomplishes More.

I am encouraged by the eagerness to get involved, the communicate, and the support that I have seen and felt from all across this division. I look forward to working with you and seeing the outcomes we get from our programs.

Here's to a great start to the season and Happy Holidays to one and all.

Liz Dodge  
Division Director, PNWD

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## PNWD OEC FUND

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If you are an OEC instructor and have been teaching full/challenge courses, please make sure that you remember to submit your PNWD OEC Course Enrollment Fees to the division. The fee is \$10 per student enrolled in any full or challenge OEC course. There is a form on the division website which will help you with submittal. If you taught a class in recent years go back and make sure that you / your patrol paid these fees. If you taught a course this past season or are teaching a course this next season, don't forget about this in your course planning.



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## FUNDRAISING—FOR YOUR PATROL, REGION, OR DIVISION

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Fundraising is important to all of us so that we can do our work and meet our missions without having to get our operating capital all from the dues of our members. There are several opportunities to obtain funding. There are the long-established fundraisers such as Ski Swaps, Auctions, goods sales at events, raffles, etc.... There are also opportunities that some likely have not yet tapped into such as:

- Employer Programs - donations for employee community volunteer work/employer matching donations. Check with your employer to see if they have one of these programs and consider donating to a patrol near you.
- Percentage of sales promotions - Many of you purchase goods through Amazon on a routine basis, how about using Amazon Smile. Amazon Smile donates 0.5% of the purchase price to Pacific Northwest Division National Ski Patrol. <http://smile.amazon.com/ch/91-6158845> Bookmark the link and support us every time you shop.

For most of these donor programs you can designate the patrol, region, or division where the donation is to go.

Remember volunteer patrol money cannot be used for the direct benefit of any for-profit entity (think ski resort), or individual. Patrols cannot give cash or purchased equipment (i.e. toboggans, AED's) to a for profit ski area. Patrols can use these monies for furthering the education of patrollers and the snow sports public.

# AWARDS 2017

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## 2017 Awards and Certificates of Appreciation of the 2016/2017 Season

### Certificates of Appreciation

- Margaret Usher – Convention Chair
- Shirley Cummings – Hall of Fame Voting Member
- To all of the anonymous Appointments' and Outstanding Awards' Judges
- To the two PNWD National Outstanding Awards Judges

### Medical Incidents Merit Stars

- **Robert Overstreet – PMS saving his son's life at home**
- **Mt. Hood Ski Bowl – Mountain Bike Crash**
  - Lorie Bennett – PMS
  - Douglas Reynolds – BMS
  - Matthew Rea – BMS
  - Joseph Schroeder – BMS
- **Mt. Baker Ski Area Cardiac Incident**
  - Brian Black – BMS
  - Ben Bowen – BMS
  - Dave May – BMS
  - Krister Fast – BMS
- **Summit at Snoqualmie Central 2015 Tree Well Emer-sion**
  - Niclas Arvberger – BMS
  - Matt Palubinskas – BMS
  - Matt Kurjanowicz – BMS
  - Michael James – BMS
  - Matt Cozolino- YMS
  - Carl Wheeler – YMS
- **Mt. Hood Ski Bowl – High Angle Cliff Rescue**
  - Toby Willey – GMS
  - David McIntyre – YMS
  - Betsy Platt – YMS

### PNWD Outstanding Awards 2017

- **Patroller** – Barbara Lierson, Summit at Snoqualmie Central
- **Alpine Patroller** – Andrew Porter, Mt. Spokane
- **Nordic Patroller** – Carl Wheeler, Summit at Snoqualmie Central
- **Instructor** – Andy Hatfield, Mt. Baker
- **OEC Instructor** – Walter Seidel, 49 Degrees North
- **Patrol Representative** – Denny Burt, Lookout Pass
- **Large Alpine Ski Patrol** – Mt. Spokane

### Division Director's Outstanding Administrator

- Shelley Urben – Norwester Editor and Publisher

### Division Director's Distinguished Service Award

- Blaine Price- Division Secretary and Registrar

### 50 Year Service Awards

- Shirley Cummings, Hyak
- Terry Price, Bogus Basin

### 55 Year Service Awards

- Lee Hunsperger, White Pass
- Kim Degenhardt, Mt. Spokane

### 60 Year Service Award

- Steve Ferkovich, Crystal Mountain

### 70 Year Service Award

- Don Countryman, Bogus Basin

### NSP Alumni Life Membership-Alumni Northwest Patrol Names Read at Banquet

- **63 Years** – Gary M.Burke
- **60Years** – Bill Savery
- **58 Years-** Gary W. Velie
- **51 Years** – Curtis Goodman

### Alumni Years of Membership

- **55 Years-** Linda Walker
- **55 Years** – Steve Swanson
- **50 Years** – Peter Milovsoroff
- **50 Years** – Steve Rolfe
- **50 Years** – Donna Trager
- **50 Years** – Jacquelyn Bratcher
- **50 Years** – Creston Shaw

### National Appointments

- Cyndy Meno, Willamette Pass, 11866
- Jeff Roebuck, Soldier Mountain, 11868
- Nicole R. Dodge, Summit at Snoqualmie Central, 11930
- Sonia VanDeBrake, Mt. Spokane, 11932
- James E. Hutchinson, Willamette Pass, 11948
- Tom Wolfe, Crystal Mountain, 11950

### Leadership Commendation Appointments

- Sarah Aitken, Wkillamette Pass, 8513
- James Schuler, Mt.Hood Timberline, 8517

### NSP National Outstanding Awards – Yellow Merit Stars

- **Outstanding Alpine Patroller** – David Deveau, 49 Degrees North

# AWARDS 2017 Continued/LAST SWEEP

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- **Outstanding Paid Patroller** – Norman Onorati, Summit at Snoqualmie Paid
- **Outstanding Instructor** – James Evangelista, Mt. Baker
- **Outstanding OEC Instructor** - Marianne Becker, 49 Degrees North
- **Outstanding Administrative Patroller** – David May, Mt. Baker
- **Outstanding Patrol Representative** – Anthony Develice, Snoqualmie

## Unit Citation

- **Large Alpine Ski Patrol** – Mt. Baker Ski Patrol

## Bed Pan

- Richard Murphy – Toboggan Drop

## 2017 Last Sweep Roster - Sunday General Meeting (Detailed Report given to Division Secretary)

### Northwest Region:

- Randy Hook - Former Mt. Baker Patroller
- Walt Langkait – Hyak
- Richard (Dick) Hubbard – Summit Central
- Dave Anderson – Ski Acres
- Bruce Ries – Snoqualmie Central
- Del Livermore –
- Grant Haller – Summit West at Snoqualmie

### Wy'East/Mt. Hood Region:

- Charlene May Petrie
- Keith Petrie
- Stan Goodell
- Bob Stochosky
- David Hatfield
- Robert Charles Wilson
- Spass Stoianschewsky
- Norman J. Wiener



# PNWD MEDICAL ADVISOR REPORT

By Jim Hamilton, Medical Advisor

[jhamilton0231@comcast.net](mailto:jhamilton0231@comcast.net)

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Do I have High Blood Pressure?  
James Hamilton, M.D.  
PNWD Medical Advisor  
Asst. National Medical Advisor

For years physicians have advised their patients to exercise regularly, decrease their salt, alcohol and red meat consumption, and to increase their intake of potassium. These measures have become more important for everyone with the recent lowering of the national guidelines for defining high blood pressure to 130/80 from 140/90. This will result in a huge number of people being diagnosed with high blood pressure.

The SPRINT study followed 9361 people over the age of 50 with an average systolic blood pressure of 145 for three years to determine the effects of lower blood pressures. The participants were divided into two groups: an intensive treatment group with a systolic BP goal of 120 and a standard treatment group with a systolic BP goal of 140.

After three years the groups were re-analyzed for any incidents of a significant cardiovascular event (heart attack, stroke, heart failure or death from cardiovascular causes). In the intensive treatment group only 1.65% of the participants had such an event compared to a 2.19% of the standard treatment group.

Individuals can determine their personal cardiovascular risk using the Framingham Cardiovascular Risk Assessment Calculator<sup>1</sup> (which is based on an individual's gender, age, total cholesterol, HDL cholesterol, smoking history, systolic BP and use of BP medications). It is now recommended that anyone with a 10 year risk >10% should seriously work to maintain their blood pressure below 130/80 – the new “normal level.” It should be noted that simply being over the age of 65 has a 10% cardiovascular risk.

Individuals with a BP of 130/80 to 139/89 will now be diagnosed as having “Stage I Hypertension” and anyone with a BP of 140/90 or above will be diagnosed as having “Stage II Hypertension.” The goal is to bring the BP as close to 130/80 as possible. Those with Stage I may be successful using the standard life style methods described above. If these measures are unsuccessful, medication may be recommended. It is most likely that those people with Stage II will require medications to be successful.

Not all people will be able to decrease their BP to 130/80. Intensive treatment may be contra-indicated in some people with chronic high blood pressure. It is necessary for individuals to discuss personal options and goals with your physician. The intensive treatment group experienced a very small increase in side effects side as hypotension, fainting and falls. Fortunately the slight increase of side effects did not overshadow the significant benefit of treatment. Very importantly the incidence of fractures from falls was the same for both treatment groups (7.1% over three years.)

By adopting the new national guidelines and striving to lower your blood pressure below 130/80, your risk of heart attacks, strokes, heart failure and kidney disease is significantly lowered and improves your health through out your lifetime. It is never too early to pay attention to your blood pressure and take steps to meet the new national standard of 130/80.

<https://www.thecalculator.co/health/Framingham-Risk-Score-Calculator-for-Coronary-Heart-Disease-745.html>

Jim Hamilton

# SOUTHERN IDAHO REGION REPORT

By David Campbell, South Idaho Region Director

habit@eoni.com

Hello from Southern Idaho Region covering Spout Springs, Ferguson Ridge, Anthony Lakes, Bogus Basin, So. Idaho Nordic, 705 Backcountry, Payette Lakes, Soldier Mountain, and Magic Mountain.

Awards that were given out at our regional meeting:

- Outstanding OEC Instructor
- Now named the **Mike & Patty Gooderham Outstanding OEC**: Dave Campbell
- **Outstanding Patroller**: Karen Jensen
- **Outstanding Instructor Other**: Thad Murata

Congratulations to all. We all know very deserving patrollers, make sure they get nominated so they can get the recognition they deserve.

Reports from some of the area's:

- ⇒ There are two recently elected patrol directors: Ken Wiesmore of Magic Mountain and Steven Meyer of 705 Backcountry.
- ⇒ Spout Springs will not be operating again this season, the area is for sale. If you have ever wanted to own a ski area this is your chance.
- ⇒ Anthony Lakes Lodge was open Friday thru Sunday for lunch and early dinner. They worked on a mountain bike flow trail that will be ready for next spring. There have been major improvements to the patrol building such as a French drain, concrete ski locker, and new siding. There is also a new warming yurt at the top of the hill.
- ⇒ Bogus Basin Ski Patrol participated in the 75th Anniversary kick-off of the Bogus Basin Mountain Recreation Area in an exceptional fashion. The summer at Bogus was marked by the addition of base area activities that included a 30 foot climbing wall, two 200 foot long inner tube slides and a four station bungee trampoline complex. From Thursday thru Sunday, these attractions, including the Deer Point high speed quad lift, carrying bikers to the top of Deer Point, made for an outstanding mountain experience enjoyed by our local population. Bogus' crown jewel, their new mountain coaster, began construction in June 2017 and is soon to be completed. The coaster will be a year round ride and is expected to be a great success. We dare anyone to make the complete 3,500 foot ride without touching the brakes. Throughout the summer and fall of 2017, numerous patrollers volunteered as trail patrol for our mountain bike season. They also served as first responders for three Boys and Girls Club summer day camps, located in the base area, and as wait staff for the bi-annual Bogus Bash, a snow sport fund raiser sponsored by Bogus Basin. We broke tradition this year and did our on-the-hill refreshers at Pioneer Lodge, our upper mountain lodge. Chair evac was a bit different being done at the top of a lift, versus the bottom, but everything went well. Recruiting additional patrollers is our primary fall focus. Our goal is to add an additional 40 patrollers over the next three years. We are actively looking for transfer patrollers so if you know anyone who has recently moved to the Boise ID area, please tell them to contact the BBSP. (208) 332-5351. Our latest news flash is: Jaker Merlini has retired after 30+ years, and the mountain management has hired John Postlewaite as the new Bogus Basin Patrol Director and Area Risk Manager. John has been a Bogus pro patroller since 2008. Please join us in congratulating John for his new promotion.
- ⇒ Payette Lakes has a new road to the area that was finished in September.

Important Dates set so far:

- January 1, 2018—Senior Candidate Applications due to Thad Murata.
- January 7, 2018—Written Scenarios due to Karen Jensen.
- January 6-7, 2018—Senior Clinic at Brundage Mountain.
- January 20, 2018—Nordic/Backcountry Senior clinic at Anthony Lakes
- January 27, 2018—Senior Clinic at Bogus Basin
- February 24-25, 2018—Senior Evaluation at Soldier Mountain

In the works:

- Snowboard clinic January at Anthony Lakes
- Phase 1 MTR course in Boise, with field session in Anthony.

This is always a tough time of the season, refreshers are done, but the areas are not yet open. As of Nov 20th most of the Southern Idaho areas have snow on the ground just not enough to ski. Keep on doing your best snow dance. Hope everyone had a fantastic Thanksgiving with family and friends.

See you on the snow, Dave Campbell

# OREGON REGION REPORT

By Anne Greenwood, Oregon Region Director

[anne@greenwoods.com](mailto:anne@greenwoods.com)

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The Oregon Region program advisors have been planning for this season's new course trainings. Refer to the Oregon Region website for accurate details and up to date information. <http://www.nsp-oregon.org/>

## 2017-2018 OEC Module of the Senior Program dates:

- ◇ Introduction to OEC Module of the Senior Program; date & location TBD when it is known who is participating.
- ◇ January 20, 2018 Senior OEC Clinic at Hoodoo Ski Area.
- ◇ April 15, 2018 Senior OEC Final, at Hoodoo Ski Area.

Please contact Laurie Coventry if your patrol plans to participate in the 2017/2018 OEC Module of the Senior Program. [laurie.coventry@hp.com](mailto:laurie.coventry@hp.com)

## 2017-2018 OET/S&T training dates & new info:

Contact info: [joehwood6@gmail.com](mailto:joehwood6@gmail.com)

- Dec. 17: OET instructor calibration/ICE at Mt. Bachelor
- Jan. 13-14: TES at Willamette Pass
- Jan. 27: Senior OET skills clinic at Santiam Pass
- Feb. 3-4: TES/ICE at Mt. Ashland
- Feb. 24-25: Oregon Region Nuts and Bolts at Mt. Bachelor
- March 4: Senior OET skills clinic at Willamette Pass
- March 10-11: Oregon Region OET Senior instructor calibration/Final evaluation – Willamette Pass

There may be changes and some additions to these dates, so again, make use of the Oregon Region website: <http://www.nsp-oregon.org>

## 2017-2018 Instructor Development (ID)

Kathy Alexander, Region Advisor. Contact info: [katalexander911@mail.com](mailto:katalexander911@mail.com)

**From Kathy:** Hi ID Instructors and ITs: as you gear up for the ski season, please ask yourself the following questions: Have you completed an ID-ICE within the past 3 years? Have you been teaching in the past 3 years? Are you interested in continuing as an ID Instructor for the next 3 years? If your Instructor cert expires on 12/31/2017, I will be notifying you soon to be sure records are up-to-date. Please check your Member Profile on the NSP website and correct/add updates. If I can be of any help with ID classes, questions, etc., please contact me. I thank each of you for your continued support and dedication to the ID program. Happy Holidays and have a safe and fun ski season.

## 2017-2018 Mountain Travel and Rescue (MTR)

Robert Walters, Region Advisor. Contact info: [mcwalts@charter.net](mailto:mcwalts@charter.net)

- Tentatively date: Level 2 MTR course at Crater Lake NP on March 2-4.

**From Robert:** Are you pack ready?

The 24 hour SAR pack is a requirement for SAR organizations. Is your pack ready for deployment? Winter travel requires a beacon, probe and shovel and that they be protected from being removed from your pack if you are caught in an avalanche. A dedicated avalanche tool pocket works well to protect your tools and organize them. The new ten essentials which work on a system process should be incorporated in your winter SAR pack. Here is a link to the "new 10 essentials" [https://en.wikipedia.org/wiki/Ten\\_Essentials](https://en.wikipedia.org/wiki/Ten_Essentials)

Switching your pack from the summer season to the winter season requires additional insulation for ground protection, more insulation from weather for the torso and extra gloves for wet conditions. A balaclava face mask can be worn in severe conditions for protection of the neck and face. Extra batteries and an extra headlamp can be critical in the winter environment since SAR missions usually extend into the night and the victim may not have a light. For emergency shelter a tarp or a 4 mil. garbage bag can provide for shelter to get out of the elements in a storm. Extra nutrition in cold weather is important along with hydration. I highly recommend chocolate—it raises the spirit in stressful situations and your victim will really thank you for it. A tea light candle and Vaseline impregnated cotton with storm matches can help you get that all important fire going in storm conditions.

Being ready for SAR missions is a Ski Patrol responsibility. Having your pack ready for winter response shows that you are a critical part of the ski patrol response team. Be safe out there. (continued on next page)

# OREGON REGION REPORT Continued

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## 2017-2018 OEC Administrator

Sarah Aitken, Region Advisor. Contact info: [sar8ken@gmail.com](mailto:sar8ken@gmail.com)

**From Sarah:** Refreshers: All areas in OR Region who put on a refresher used the Hybrid format this year. The most challenging aspect for IORs seems to be in making sure the enrollment roster is complete and accurate, editing the roster, and properly closing the course with NSP and with PNWD and OR Region.

OEC classes: Several areas had OEC classes and some are ongoing. The hybrid format is popular.

OEC Instructor Recertification: Instructors still struggle with understanding the requirements of remaining a “certified” instructor. Several areas lost some certified instructors this year, not for lack of participation in teaching OEC, but mostly for lack of attendance at an Instructor Continuing Education (ICE) course. Those instructors who were not eligible for recertification were encouraged to take the next available ICE course to re-establish their credentials. We are planning on giving an ICE course at Mt Bachelor and at Mt Ashland this coming year, as well as at Mt Hood in April.

We are still looking for folks who might be interested in becoming an OEC IT for the Region.

### **More News and Information:**

- ⇒ The Oregon Region will be holding elections this coming year, early months of 2018, for a new Region Director. The Oregon Region follows the [Policies and Procedures of the PNWD](#) (click on Governance and Membership), so you might want to review the information on region elections.
- ⇒ If this issue of the Nor'Wester comes out before December 1, **VOTE** in the NSP National Board of Directors elections.
- ⇒ Make note of the PNWD ICE course that will be offered on April 21, 2018 at Collins Lake, Government Camp, Mt. Hood. This will be an ALL Disciplines Continuing Education (ICE) course.



Wishing you all very successful and fun ski season



Anne Greenwod

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## YAP REPORT

**By Dave Brown, YAP Advisor**

**[dbrown7090@gmail.com](mailto:dbrown7090@gmail.com)**

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Dear Patrols,

Here are a few suggestions for your YAP program:

1. Insure your YAP team members are registered and their ages are accurate.
2. Let them ski and have fun!
3. Hope they also learn to shovel 12-20 ft of snow!

Thanks,

Dave Brown  
[Dbrown7090@gmail.com](mailto:Dbrown7090@gmail.com)  
541-3434434 hm  
541-9542748 cl

# NORTHWEST REGION

By Dave May, Northwest Region Director

dave\_may@q.com

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We've been fortunate to have adequate snow fall up here in the NW Region and all areas are open with Mt. Baker having the most early season snow depth of all the areas with 83 inches at the summit.

## OEC

As always, a huge amount of effort was made to organize and pull off this year's OEC refreshers for returning members and classes for new candidates. Many thanks to Krister Fast (NW Region OEC Advisor), to all the IOR's and IT's as well as the helpers that stepped up to make these events happen.

This year's stats on the classes held for new candidates are as follows:

Total = 69

86% - Passed

9% - Incomplete

4% - Fail

The NW Region will be conducting a makeup refresher for the **2016** Cycle C for those in need. This is scheduled for December 17, 2017. Contact Matt Kurjanowicz [matt@kurjanowicz.net](mailto:matt@kurjanowicz.net) for more information.

## Avalanche

### Avy 1

- Course Number: P048170014 Module 1 classroom  
P048170015 Module 2 Field  
P048170016 Module 3 Organized Avy Rescue
- Start Date: 12/1/17
- End Date: 1/31/18
- Patrol: Cascade Backcountry

### Avy 2

- Course Number: P037170004
- Start Date: 11/18/17
- End Date 12/3/17
- Patrol: Alpental

### Avy 2

- Course Number: TBD
- Start Date: 1/12/18
- End Date 2/28/18
- Patrol: Mt. Baker

## MTR 1

- Course Number: P015180001  
Start Date: 2/20/18
- End Date: 3/18/18
- Patrol: Mt. Baker

## NW Region Senior Schedule

- Senior Calendar of Important Dates
- Application for Senior due Jan. 1st, 2018
- Senior Outdoor Emergency Care
  - ⇒ OEC Skills Checklist completed **February 11th**
  - ⇒ Written Scenarios due **February 11th**
  - ⇒ Created Senior Level Scenario due **February 11th**
  - ⇒ Lead four documented and scored scenarios (on snow) **February 11th**
  - ⇒ Region Training Clinic: Location **TBD, February 11th (Sunday)**
  - ⇒ Final Evaluation: Location **Mt. Baker, March 17th (Saturday)** (continued next page)

# WY'EAST REGION REPORT

By Doug Stanton, Region Director

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## Training in Full Swing

Nothing new here that isn't occurring throughout the Pacific Northwest Division. Wy'east Region, comprising the Mt Hood Ski Patrol (MHSP) and four resorts, Coopers Spur and Teacup Nordic have been working tirelessly to push all patrollers through preseason skills refreshers. With roughly 250 patrollers within the region, assuring all CPR, OEC and lift training is completed before operations begin on the mountain, training must begin by late summer, typically August. The region completed its last training clinic on Sunday November 19th and none to soon. Mt Hood, like many of the other Cascade peaks, got hit with more than five feet of snow allowing operations to begin at Timberline and Mt Hood Meadows. Final steps are in process so all region patrollers can pay their NSP dues before the end of the year. Region registrar, Kyle Richards, has an excellent handle on how to properly execute this through NSP. We anticipate minimal problems in completing this activity to conclusion.

## PNWD Convention Summary

The 2017 PNWD convention is several months in the our rear view mirror but closing the books always takes a little longer to finalize. The Wy'east Region has submitted final financials to the division as of the middle of November. Like many of the previous conventions, this one was a complete success both in participation and meeting budget goals. A total of 130 patrollers registered and attended with Northwest and Wy'east regions comprising 2/3 of the total attendance numbers. Comments from all attendees was overwhelmingly positive with high praise on the content of the breakout sessions. As the dust has settled with closing of the books, I can proudly report that the convention produced a gross return to the division of a little more than \$5,000. A big thanks goes to all of the patrollers who made this project a success. Their time and commitment show the capabilities of high caliber volunteer organization. Next stop for the 2018 convention is Spokane hosted by Inland Empire. Wishing Kevin Voss and his team success as they plan for next August's event. Wy'east is here to help wherever we can.

Douglas Stanton - Wy'east Region Director

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# NORTHWEST REGION Continued

By Dave May, Northwest Region Director

[dave\\_may@q.com](mailto:dave_may@q.com)

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- **Senior Alpine Outdoor Emergency Transportation**
  - ⇒ Attend minimum of one Region Training Clinic:
  - ⇒ Location: **TBD, February 3rd (Saturday)**
  - ⇒ Location: **Mt. Baker, March 5th (Saturday)**
  - ⇒ Final Evaluation: Location **Mt. Baker, March 18th (Sunday)**
- **Senior Nordic Ski & Toboggan**
  - ⇒ To be scheduled if candidate applications are received.
- **Senior Aid Room Management**
  - ⇒ To be scheduled if candidate applications are received.

Have a great season everyone!

Sincerely,  
Dave May  
NW Region Director

## Inland Empire Region Update

### General

What a start to the season across the IE Region. We had reports of record-breaking fund raising activities (ski swaps) early this fall. The refreshers across the region went smoothly and most were well organized. Snow started falling on most resorts early and piled up to allow many early openings. Some resorts are reporting the earliest opening in 20+ years. Weather predictions are pointing toward another outstanding season of heavy snowfall. Although the early openings stretched some of the patrols to get ready on time, we are all looking forward to another great season.

We have a full calendar (below) with some newly announced avalanche classes and clinics that are open to all patrollers. Please look through your rosters and identify any potential candidates for our senior program. Participation has been low over the past few years, and we would like to see more patrollers taking advantage of the additional training.

Throughout this season, please remember how much encouragement an award can bring to a fellow patroller. Please consider submitting an award nomination for those that go above and beyond. There are many patrollers in our region that have earned awards – why not submit the application and win a region, division, or even a national award for them? It starts by noticing and documenting the efforts we see and then submitting the appropriate award applications. Help is available if needed.

### Convention – Aug 10-12, 2018

Inland Empire Region is hosting the 2018 PNWD Convention next year, and we could still use a little help organizing the event, so please contact Kevin Voss if you are interested. Please encourage patrollers to mark their calendars and make plans to attend.

- The convention hosts outstanding educational breakout sessions and general sessions to learn more about the NSP, our division, and bone up on skills.
- You get to join patrollers from across the division on Friday for various activities across our region. We already have some exciting and unique activities planned.
- Come to the BBQ Friday night on the Hotel RL balcony that faces Spokane’s Riverfront Park. The BBQ is always a memorable and enjoyable evening and one of the few times each year that we have an opportunity to meet the patrollers and leadership in our division.
- Participate in the Pacific Northwest Division Awards Banquet on Saturday night. Enjoy excellent company, great food, and help congratulate the best of the best in our division. There will also be an opportunity to support our division and take home high-end items through a silent auction before the banquet.

We will be staying at the newly remodeled Hotel RL Inn at the Park next to Spokane’s Riverfront Park. It is a fantastic Hotel with an incredible amount of amenities within walking distance. Please get the word out!

### Dates

Avalanche 1 in Post Falls & Silver Mountain: .....	Dec 6, 7, 13, 14, 16, 17
Calibration Clinic @ Mt. Spokane:.....	Jan 6-7, 2018
Avalanche 1 in Spokane & Silver Mountain:.....	Jan 3, 4, 10, 11, 13, 14
Open Clinic (EMM/OEC/OET) @ Silver Mountain: .....	Jan 20-21, 2018
Open Clinic (EMM/OEC/OET) @ Mission Ridge: .....	Feb 3-4, 2018
Senior Final Evaluation @ 49° North .....	Mar 10-11, 2018
Inland Empire Region Spring Meeting:.....	April 21, 2018
PNWD Convention:.....	Aug 10-12, 2018

Thank you,

Kevin Voss  
Inland Empire Region

# NORDIC AND BACKCOUNTRY REPORT

Joe Mabbutt, Nordic Advisor

[joe.mabbutt@supervalu.com](mailto:joe.mabbutt@supervalu.com)

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As always this time of year is a time for heavy training. I have been to a couple Nordic Backcountry Refreshers, completed an Instructor Continuing Education Class, The Sun Valley Ski and Trauma Conference, built shelters, toboggans, fire, OEC Refresher, combination Nordic-OEC Refresher, repelled from chairlifts and Avalanche Beacon Training. This is also the time of year I circle back to the patrollers that are getting ready for this seasons Nordic Backcountry Senior Evaluation and see what additional training they would like.

I like this time of year because I get to connect with patrollers and learn new things. This is also the time of year I get to meet and work with new candidates and seasoned patrollers getting ready for the new season. I am always impressed with the patrollers who take on the task of training our next generation of Ski Patrol.

## COMING SOON!

I am very excited, we will have a new living breathing document on the National Ski Patrol site—The National Ski Patrol Guide to Becoming a Nordic / Backcountry Patroller. I say living and breathing document because we are always in a changing environment. This document will be able to be modified as things change and improve in our discipline. Watch for this to come out in December. Give it a good read and let us know what you think.



Joe Mabbutt  
PNWD  
Nordic Division Program Supervisor

# PNWD REGISTRAR REPORT

By Blaine Price, Registrar

bcprice58@msn.com

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We are now well along in the registration process by patrols for the 2017-18 season. Patrol Directors have 'Formed' their patrols by making known additions and removals from their rosters in preparation for the new patrol year. They have requested that patroller's pay their Patrol, Region and Division dues to the patrol and are tracking the completion of required refreshers. As of the day I write this at Thanksgiving, 13 patrols have completed local dues collection and 'Notified' NSP to invoice their patrollers to pay their National dues. Others will follow very shortly.

Within two weeks most patrols will have completed local collection activity with the knowledge that dues submissions to me as the PNWD Registrar must be in the mail prior to January 1<sup>st</sup> to avoid a \$5.00 PNWD late fee. This all depends on patrollers being responsive to the PD's request for timely payment. Patrollers will also have had to pay their \$55.00 National dues prior to Feb 1<sup>st</sup> to avoid a \$10.00 late fee. Count on your Patrol Director monitoring payment and bugging you if you don't do your part.

Patrollers not paying National dues by the Feb 1<sup>st</sup> date will be subject to 'Suspension' by NSP, meaning they will have no access to NSP systems for other than paying dues, and they will have no access to the NSP Store or Pro Deals until those dues are paid. And if not paid by then, it is possible their PD may request they not go on the hill again until paid. And at some point, if not paid, those persons will be dropped from membership in NSP. So, we all need to do our part in being responsible for payment and support our Patrol leadership in doing so.

New member Candidates will have already paid National dues in a separate process prior to being able to register for, and complete their OEC classes.

We can each do our part by being responsive and responsible for prompt payment, both for Region and Division dues to our patrol, and in payment to National on line.

## **Check Your Profile On-Line**

As a patroller, we each need to go into our personal profile at NSP.org and verify that all of our personal information is current and complete, and that the system reflects that all training and certification records are current as well. Personal information like addresses, email and phone numbers can be changed or updated by the patroller. Training and certification information that is incomplete or missing should be referred to your Patrol Director/Representative to get taken care of. Your PD/PR should be checking that your records are current as well.

I want to express my personal thank you to PD/PRs and patrol registration reps who are working hard on our behalf to administer these very important aspects of being part of the NSP and our PNW Division.

Blaine Price  
PNWD Registrar  
206-954-4909 Cell  
bcprice58@msn.com



## Ski Flight News

Ski Flight bids a very fond adieu to Jack Melill. After leading patrollers on many exciting adventures – including leading the first American ski group behind the iron curtain to Bulgaria in 1985 – Jack’s retirement is well deserved. He will be sorely missed.

While Ski Flight is taking a short break, 2019 will likely see us in Davos, Switzerland – host to the World Economic Forum, as well as headquarters of the Institute for Snow and Avalanche Research.

With huge off-piste potential, skiing Davos includes Parsenn/Gotschna, Jakobshorn, Pische, Madrisa, Rinerhorn and Schatzalp/Strela. At altitudes between 1124 and 2844 m, skiers will find 58 ski lifts, 300 km of slopes, along with 75 km of cross-country ski tracks.

Roughly an hour-and-a-half from Davos is St. Moritz. Offering 5 areas, 355 km of terrain and 56 lifts, we will be looking into the possibility of including time for some turns there as well.

Sally Seelye, [sallyseelye@gmail.com](mailto:sallyseelye@gmail.com)



Ski Flight leader for 35+ years, Jack Melill at Hafjell in Norway. Torch Man from the 1994 Olympics shown in background.

Ski Flight is not sponsored by the Pacific Northwest Division or the National Ski Patrol.

# OEC REPORT

By Janie SanRomani, OEC Advisor

[jsanromani@comcast.net](mailto:jsanromani@comcast.net)

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This late fall finds us all completing our OEC Refresher A Cycles. Be sure to give a huge shout-out of thanks to all your hard working OEC Instructors. It is incredible how hard they work putting together the refreshers for everyone. I hope many of you are giving the online refreshers a try—it surely makes things easier for everyone and is a great way to get refreshed. Every year, a few more kinks get worked out of this new process but we all are having to adapt to changes. And yes, each year there are a few new kinks added! Thank you again for your patience in this learning period. If, for some unfortunate reason, you were unable to attend a refresher, please start to deal with this as soon as possible—don't wait until it really causes a multitude of problems for you and your patrol.

Fall is also the time where instructors need to start thinking about their instructor recertification. Once every three years, each instructor needs to deal with the steps to become recertified as an instructor. Hopefully, instructors do not wait until the last minute to complete this process. The biggest hurdle always seems to be the required attendance at an Instructor Certification Course,(ICE). We all realize that it is sometimes difficult to attend one of these and we are always trying to make it more convenient for instructors. The Division has been offering an ICE course at the summer conventions for the last few years and all of your Region OEC Advisors have also been trying to provide courses for you. There is so much new information developing every year that these courses are of huge importance to all OEC Instructors. We realize that not every instructor wants to be an “Instructor of Record,” (IOR), or an “Instructor Trainer,”(IT), so some of the information might seem unimportant to some instructors. But in the long run, everyone needs to have at least some sort of idea how this all comes together. It would make good sense for instructors not to wait until the last year of their three year period to attend an ICE course. It would make wonderful sense if an instructor could attend one every year but we do understand that not everyone can find the time to do that. It does take a lot of work to put these courses together and we try to make it worthwhile to everyone. This next spring, the Division will be providing an “All Discipline Instructor Certification Course.” This will take place at Collins Lake Resort, Government Camp, Mt. Hood, on Saturday April 21, 2018. There will be more information regarding this coming out a bit later. As with any NSP course, everyone will need to enroll in the course ahead of time in order to receive credit for taking it. We will be in communication with all Region Advisors concerning this and information will be placed on the Division Website. Please start making plans to attend if you can.

Kathy Lee and I are also planning on providing a “Senior OEC Trainer/Evaluator Certification Course (SROEC TE)” that same weekend as the All Discipline ICE Course. The SROEC TE course will be on Sunday, April 22. This certification also needs to be refreshed every three years. We have let this requirement slide a bit in recent years because of the greater need for ICE courses so we are hoping to bring everyone up to date with this refresher. We do realize that everyone will have completed their Senior OEC evaluations for the season but this course will finally get everyone current certification wise. We promise that we have developed this course so that people will not feel so threatened and vulnerable as they go through it. We are concentrating on the very essential aspects of being a trainer/evaluator and the whole new evaluation process. No one can fail, we promise!!

As always, feel free to call/contact Kathy Lee or me any time for any questions—it is a continuous learning process for all and we really do want to help everyone when needed.

Hope to see many of you in April 2018

Janie San Romani

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# MTR

By Frank Rossi, MTR Advisor

rossifp@nwlink.com

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The below is information on how to obtain missing ICS course certificates/records. These are required in the Avalanche and MTR Programs, and may eventually be required for all patrollers.

## Missing your FEMA course records?

You can get a record of your FEMA Independent Study course completions.

You can request copies of certificates or a student transcript by calling the EMI Independent Study office at 301-447-1200. If you would like an Official Transcript please access the IS Transcript Request form at <http://training.fema.gov/EMIWeb/downloads/tranrqst1.pdf>. You cannot request an official transcript by phone.

The following FEMS IS courses are required in the Avalanche and MTR Programs:

- IS-100.b Introduction to the Incident Command System (ICS)
- IS-700.a National Incident Management System (NIMS) An Introduction
- IS-200.b ICS for Single Resources and Initial Action Incidents

Earlier editions of the courses are acceptable. NOTE course numbers have changed from ICS-100, NIMS-700, and ICS-200.

Frank Rossi

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# OET/TRANSPORTATION

By Jeffrey Weitz, Transportation Advisor

jw@northrimpx.com

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## Transportation Program:

The new season is upon us and the snow is flying at many areas. This season we will be focusing on implementing the new Senior Manual in to our Division and Region protocol, getting all our instructors re-calibrated, training new instructors, appointing IT's and implementing new IT's.

This season's multi day clinics will be held at the following areas and are open to all NSP certified OET alpine hill patrollers and instructors:

- MT Bachelor, OR 2-day clinics – Feb 24<sup>th</sup> -25<sup>th</sup>
- Crystal Mountain, Wa– 2-day Steep & Deep Clinics – April 7<sup>th</sup> -8<sup>th</sup>
- Mt Hood Nuts and Bolts 3-day clinics- Timberline, OR– June,1<sup>st</sup> - 3<sup>rd</sup>

Senior OET finals will be held in each region this season with multiple clinics being held at various areas. See the division calendar on the website for more information. The senior OET finals by region will be as follows:

- Sothern Idaho Region – Soldier Mtn – Feb 24<sup>th</sup>-25
- Inland Empire Region – 49 Deg North March 10<sup>th</sup>-11<sup>th</sup>
- Oregon/Wy'East regions – Willamette Pass, Oregon—March 10<sup>th</sup>-11<sup>th</sup>
- Northwest Region – Mt Baker, Wa – March 17<sup>th</sup>- 18<sup>th</sup>

If you would like to hold any specific OET clinics for either your instructors or for your alpine patrollers or instructors this season and need to arrange for additional resources please contact me and let me know what I can assist with.

We are offering toboggan trainers workshops, ski trainers workshops and global instructor continuing education courses for instructors. We are also providing: Skiing & Riding Enhancement (SES), Toboggan Enhancement (TES) and Refreshers (TREF) for alpine patrollers.

We will be holding an all disciplines conference at Mt Hood in late April for instructors from all disciplines including the OET program.

Looking forward to seeing you all out on the slopes this season! Let it snow!

Jeffrey Weitz, Mt Hood Ski Patrol, Hill Captain ---- 2017-2018 PNWD OET Advisor

# AVALANCHE ADVISOR

By Patrick Stanton, Avalanche Advisor

pcstanton@gmail.com

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## Summary

Across most of the PNWD the snow year as started early and I am sure many of you have already been on your boards. The Level II course I am IOR on is already half way done, with a goal of wrapping up the first weekend in December. I gambled on early snow and it is looking like it will work out. Below are a few top of mind items for everyone interested in avalanche education.

## Early Snow = Early Avalanche Problems

In some areas, snow started piling up enough in October to start skiing. That also means it was the start of the avalanche season and already there is one known fatality in the US, see details below:

<https://www.mtavalanche.com/accident/17/10/12>

My main intent of calling this out is 1) get some time in with your safety equipment before you get on the snow, 2) if you feel you are needing some structured education sign up for a course this year and 3) avalanche instructors get your courses planned out and registered on NSP.org.

## New Publication

Many of you have read through the previous editions, but *The Snowy Torrents 1996-2004* is now available for order at <http://www.americanavalancheassociation.org/store/>. I have always felt that looking at the past accidents as a valuable tool for anyone planning on playing in avalanche terrain.

## Avalanche Instructors

The NSP Avalanche Program serves a unique role in the overall avalanche education paradigm, which is offering NSP members top notch avalanche education through the NSP education system. NSP Avalanche courses are rooted in the curriculum from the American Avalanche association and adapted to meet the needs of NSP members. In 2014, the latest Avalanche Instructor Manual (AIM) was published and offers an excellent program wide set of materials to offer NSP members a premier avalanche education. In addition to the AIM the NSP BCA joint publication "Avalanche Rescue Fundamentals 2nd edition" is another excellent resource. One more important piece is the critical link, which is great instructors. And like all NSP education programs, volunteer instructors are the critical piece to being able to deliver effective education. There are two main threads for having a great instructor core:

### 1. New Instructors

Every year instructors, instructor trainers, patrol and regional advisors should be on the lookout for students who have the aptitude and interest to become avalanche instructors. I look at my Level II class every year critically to engage those students to start teaching. We can ease them into trying to teach a session in upcoming courses, either classroom or field. If they find it rewarding we can get them started with an instructor application and the mentoring program. New instructors are critical to the long-term health of the program.

### 2. Current Instructors

Frankly I find keeping current instructors at the same level of enthusiasm and aptitude as when they first became instructors to be challenging. It goes beyond staying active teaching courses to being a continual student in the field yourself and seeking out opportunities to improve in your trade.

## Upcoming Avalanche Training

All instructors in the PNWD, please work on getting your courses registered so potential attendees can see what their options are. Questions about what courses are being held is the most frequent email from the membership at large.

Now get out there and have a great season.

Regards,  
-Patrick Stanton

# OEC STATUS

By Liz Dodge

[lizpnwd@gmail.com](mailto:lizpnwd@gmail.com)

Does your NSP profile show you as Delinquent in OEC? Review your profile, if it says anything other than 'current' you are technically delinquent, and not eligible to patrol.

## My OEC Status

Status

Current

## My OEC Status

Status

Needs Current Refresher

If your profile shows you as delinquent (aka missing something), please work with your patrol representative/patrol director, or the IOR of the refresher that is not on your profile and see if you can help get your records corrected. Or, plan on taking make up refreshers for the courses you are missing. Don't wait until January to start looking for this status or your records, and/or the corrective documentation if you really did complete the missing refresher.

OEC Status Codes	OEC Status and Delinquency Descriptions (the words here may not be exactly as what one would see on their profile)
CU	Current
D1	Needs Course
D2	Needs Current Refresher
D3	Missing Refresher • Makeup Required
D4	OEC Cert Expired • Missing Refresher(s)
D5	OEC Cert Expired >1 yr • Need Retake OEC

# INSTRUCTOR DEVELOPMENT

By Kathy Alexander

[katalexander911@mail.com](mailto:katalexander911@mail.com)

Hi ID Region Advisors,

As you get geared up for the ski season, please check your Region ID Instructor/IT roster and ask yourself the following questions:

- Did they attend ID-ICE within the past 3 years?
- Did they teach in the past 3 years?
- Are they interested in continuing as an Instructor/IT?
- Can they re-cert if their expiration date is 12/31/2017?
- I will be contacting you soon to check your roster so I can recert those who need to be...

and Hi to ID Instructors and IT's,

Welcome to another ski season. Please check your member profile on the NSP website and update if necessary. If you need andID-ICE, please contact your Region Advisor NOW.

If I can be of any assistance, please email or call me...and thank you all for your continued dedication and support of the ID program...have a happy and safe ski season,

Kathy Alexander,  
PNWD ID Supervisor

# PATROLLER/SAFETY REPORT

By Jodie Jeffers, Patroller/Safety Advisor

tailwaggin1@mac.com

## KEEP SNOWING & SAFETY ON

Mother Nature has been starting early snow in the PNWD!!!! While we all are getting excited, please don't forget the "Safety" things! The NSP creed is "**SERVICE AND SAFETY**" I am looking from each region to designate a safety contact person to help relay information and interest on SAFETY! Are you interested? Please contact me and your region representative by Dec 15th.

Challenge yourself and your patrol by taking this challenge a bit further by asking the question: What is being done to help spread the word on safety to the winter public? **National Safety Awareness Month is the whole month of January**, which is right around the corner- are you and your area ready? What is planned? What do you need help in? NSP is again having a Safety Kit available to purchase from the online store for only \$25.00.

Many tools are available for you to help promote Safety Awareness, but it is up to you to get that message out! The chairlift is one of the best locations to share all that awesome safety information. Please make sure you take advantage by sharing the lift with the public, kids especially. They are so appreciative and look up to you. Here are some various things to consider to use and do as examples, but many more are available. **Pick one or several, but please just do it!**

-NSAA has many things to choose from at [www.nsaa.org/safety-programs/](http://www.nsaa.org/safety-programs/)

-NSAA store has posters, cards, videos to use as well. Work with your area to stock up.

-Responsibility Code has been around for over 50 years!

-NSP has Safety Related information as well at [http://www.nsp.org/slopesafety/slope\\_safety.aspx](http://www.nsp.org/slopesafety/slope_safety.aspx) including PSA's to use.

-D.O.T. from each state has brochures and information on **winter safety driving tips**- contact me if problems locating.

-Hospitals have **Trauma Nurses Talk Tough** programs, check with them on ways to work together to promote safety and helmet use.

-State Police can help clarify laws governing your ski area.

-Tire Stores can help with chain use and ask if they will have a challenge with you/area?

-**Coloring Book on Safety**- is available at our PNWD Website! There is a digital PDF coloring pages for you to share on safety and located under Programs Tab, select Patroller Safety and it is in the Ski-Ride Folder. Check out the sample page in this issue.

-**Needed** those wanting to be their Regions/ Patrol Safety Representative, please email me asap!

Don't forget things like your own general exercise and fitness for the upcoming season! Ensure you get into a routine now so your ready and not being injured! Have you gotten your flu shot? Hydration & Handwashing habits in check? It is all about review, so do your own personal challenge as well as for your patrol and ski areas!

Be the first to successfully answer the following as well as telling me one plan that you and your area will be doing for Safety Awareness Month and win a Gift Certificate. *Educating oneself about the tenets of **Your Responsibility Code**, and skiing and boarding in a safe, responsible manner, are the best ways to \_\_\_\_\_ on the slopes.*

Jodie Jeffers  
PNWD Patroller/Safety Advisor  
[tailwaggin1@mac.com](mailto:tailwaggin1@mac.com)

# PATROLLER/SAFETY REPORT

Coloring Page

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[www.nsp-pnwd.org](http://www.nsp-pnwd.org)

**1 Stay in control.**

# CONVENTION 2018

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## Convention 2018

Join us in Spokane for the 2018 PNWD Convention. Please reserve August 10th, 11th, and 12th for a trip to the Inland Empire Region and a great time with the patrollers of the Pacific Northwest Division. We will be staying at the newly remodeled Hotel RL Inn at the Park located on the banks of the beautiful Spokane River and next to Spokane's famous Riverfront Park. Shopping, dining, parks, site seeing, exercise trails, waterfalls, and nightlife are all within walking distance. We already have some unique activities planned for Friday and a great venue for the BBQ on Friday night. It is an excellent hotel and a beautiful city, but the educational opportunities and the companionship of our fellow patrollers cannot be beat. Make your plans and encourage your fellow patrollers to join us in Spokane in 2018!



# INSTRUCTOR INFORMATION

By Liz Dodge

[lizpnwd@gmail.com](mailto:lizpnwd@gmail.com)

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## Attention Instructors

**All Instructors** – I want to take a moment here to personal . Thank each and every PNWD instructor for their efforts and dedication to teaching our members. THANK YOU

**Registering courses** – Before you register your course talk to your region program administrator and find out who your assigned IT will be. Nope, you don't pick your own. Also use dates that make sense for your course. Beginning date is the start date of the course. The end date should be the end of the course. Sure you can add a few days to the end of course to allow for those pesky issues like 'retests', or that errant student that forgot to enroll. But don't put a date months after the course ended. Use the 'notes' field to enter special instructions. As soon as the course is registered students can start enrolling via the website.

**Closing courses** - IOR's please make sure that you have copies of your course enrollment and completion rosters, the result status (Pass - Fail - Incomplete – No Show) for each enrollee and of course a detailed list of who the assisting instructors were and what they taught. Last year we asked each of you to create a CCR (Course Completion Roster) in the old style. We are asking this be done this year as well. This gives us a good backup to the on-line system. And yes, we did have to go back to those several times this past year. A copy of these should be sent to your division program supervisor.

Work with your course IT to get your course records completed and the course closed as soon as possible after the end of the course.

**Quality Assurance** - Within PNWD, we are working on our programs with a goal to make sure that all programs are using all of the current materials and curriculum and forms, and make them as accessible to as many of our members as possible. Quality Assurance is an important part of all of our programs and everyone needs to work collaboratively to ensure quality and to make sure policies are adhered to. Our Division Program Supervisors, Region Administrators, and IT's all have important jobs in this area. Instructors and patrol leadership are reminded to work WITH the people in these positions and not AGAINST them. Questions may be asked, just answer them honestly and quickly. No one in program or NSP wants to have to 'have that talk' with an instructor, so instructors need to remember to work within the program guidelines and polices and not go out on their own by adding or subtracting topics, or making up their own rules. Doing so ultimately hurts our students, the patrol, the guests we serve, and the organization itself, and can put everyone at risk for liability. Don't forget that course closures are an important step and must be done in a timely and accurate manner, use the appropriate tools, and get any course bills paid in a timely manner as well.

**Instructor Teaching Activity Records** – Many instructors sent in requests for this and we were able to resolve the issues so you once again can log your teaching activities on the NSP website. And No, not all the old data came fully across from the old system, so don't ask. If you have your old records and you want to fill in some blanks, you can do that (you only need 3 yrs. worth remember). Each instructor is responsible for keeping their own teaching records. You can use the NSP website or a paper/computer based list such as the one/sample on our division website.

**Instructor Recertification's** – If your instructorship is due to expire in 12/2017, and you want to be recertified. Do yourself and everyone else a favor and make sure that you have met the requirements for recertification and have your records in order and ready to present to your Region Program Administrator.

Recertification requirements include:

- Maintaining your basic certification in the discipline as well as your NSP membership.
- Completion of a discipline specific instructor CE course (commonly called Instructor ICE courses) during this period of certification.
- Completion of the global/administrative and teaching skills CE once during each period of instructor certification. This used to be done as part of the discipline specific instructor CE courses but some instructors were not teaching it and, for those who are instructors in multiple disciplines, this meant repeating this part multiple times. So, now this is a stand-alone course, which can be done by itself or in conjunction with one of the discipline specific CE courses.
- A teaching activity log showing the teaching in that discipline during the last three years and
- A record of an Instructor Evaluation by an IT from your discipline.

None of these requirements are new or in any way hard to accomplish. We thank you for your instructional service to your discipline and hope that you continue to impart your craft during the next three years. Questions—contact your Region Program Administrator.

Liz Dodge



**THE NOR'WESTER  
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The National Ski Patrol (NSP) is a Federally Chartered non-profit membership association dedicated to serving the public and the mountain recreation industry by providing education services about emergency care and safety.

NSP also reaches members through nationally funded education materials and programs, division newsletters, and local clinics. Through its divisions, NSP conducts training events to supplement training provided by the ski areas. This cooperative effort ensures that members are serving the needs of area management while staying in tune with a nationally standardized system.

*Vision Statement: The Pacific Northwest Division is the foremost ski patroller association comprised of volunteer and paid patrollers in the host ski areas, dedicated to maintaining performance standards in the ski patrol environment. The main purpose of the ski patroller is to deliver up-dated first aid and rescue services to the skiing and outdoor-recreation public. The Pacific Northwest Division is an integral part of the National Ski Patrol Systems, Inc.*



[www.nsp.org](http://www.nsp.org)

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